

# HCV Treatment as Prevention (TAP) in risk groups:

## An overview

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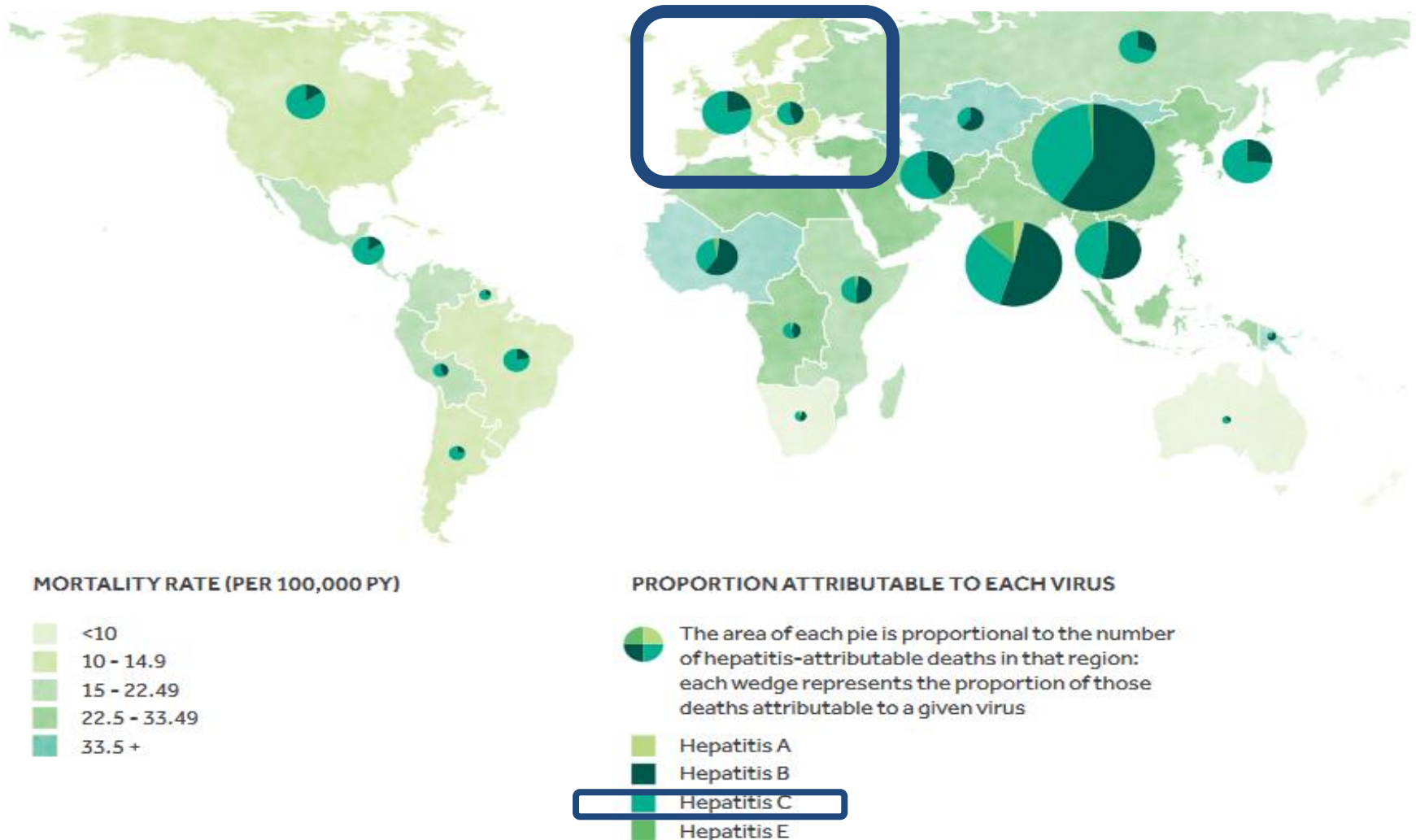
# Disclosure

Within the last 36 months:

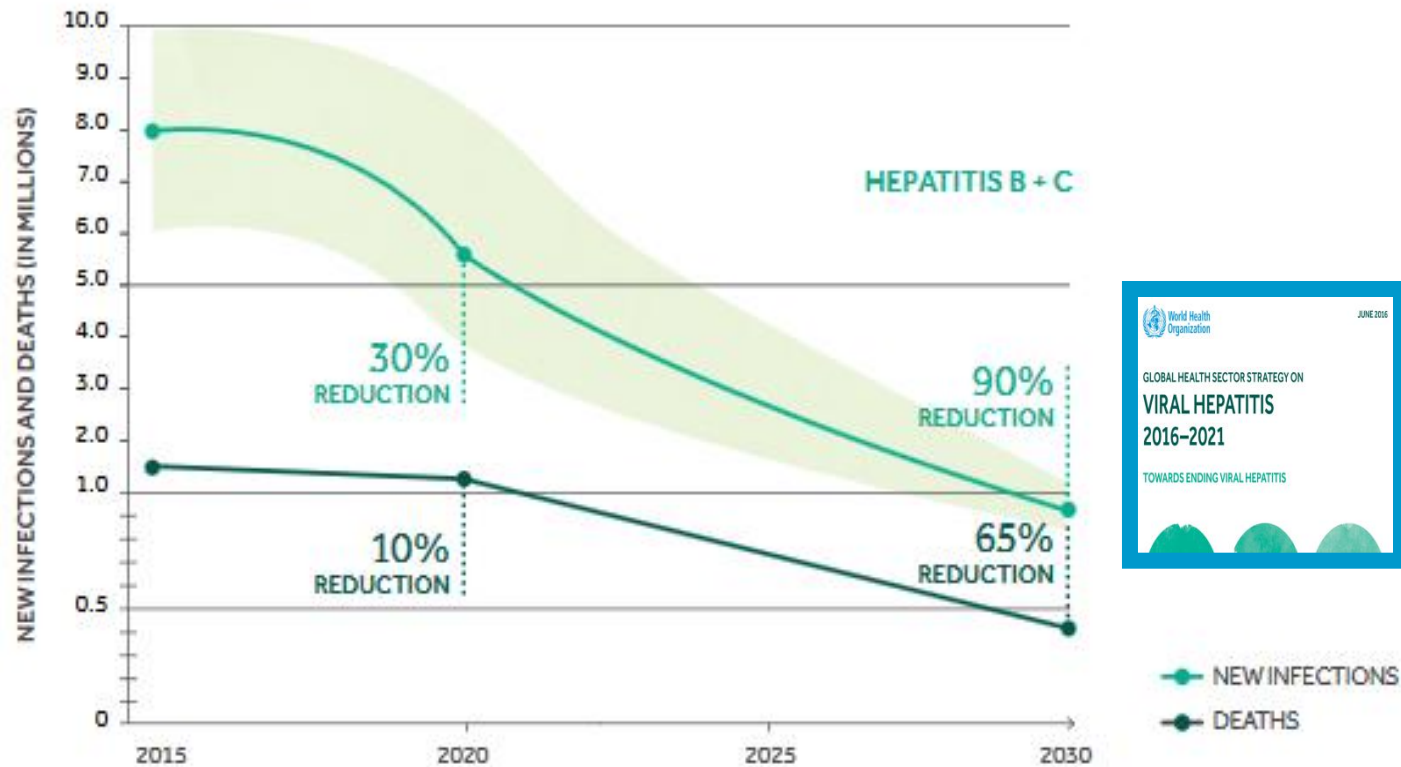
- Lecturer: Abbvie, Bayer, Gilead, Merck, Sandoz
- Manuscript preparation: Abbvie, Gilead, Merck
- Travel/accommodational meeting expences: Abbvie, Gilead, Merck

No conflict of interest regarding this presentation

# Global number of deaths due to viral hepatitis— hepatitis C is the major problem in Europe

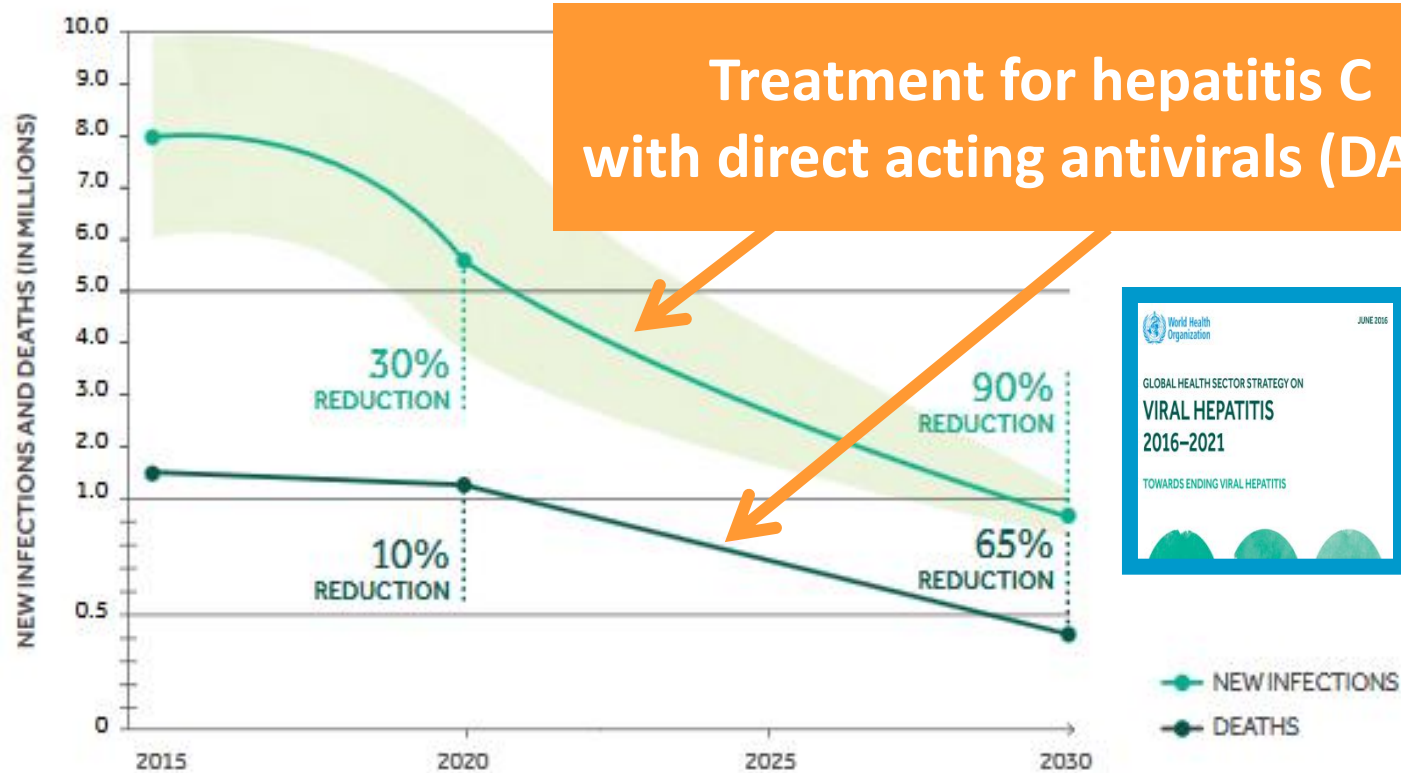


# WHO strategy towards elimination of hepatitis C as a public health threat



**Goals** for reducing new cases of infection and deaths from chronic hepatitis C **by 2030**

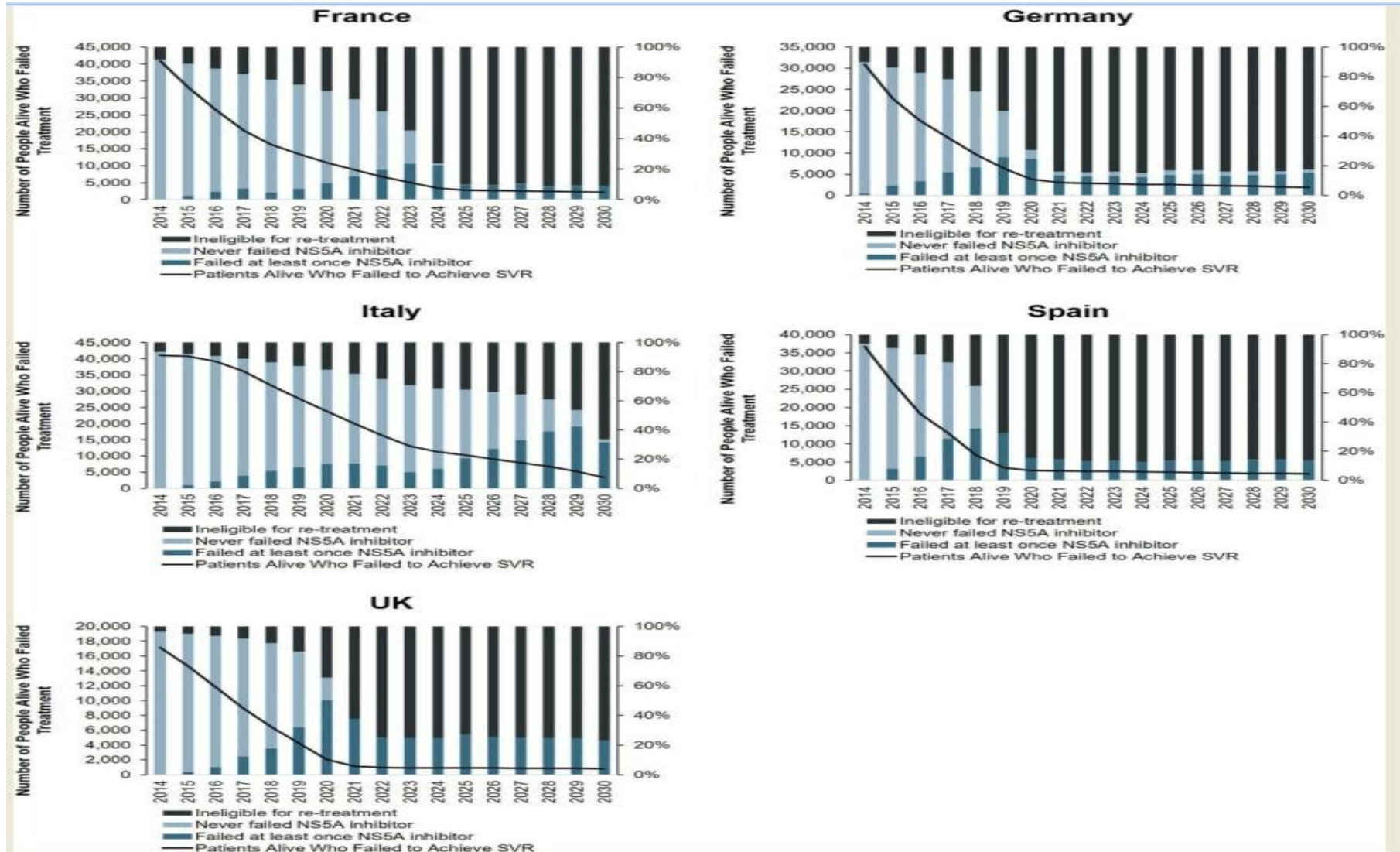
# WHO strategy towards elimination of hepatitis C as a public health threat



**Goals** for reducing new cases of infection and deaths from chronic hepatitis C **by 2030**

# A modeling study

## Number of patients alive between 2014 and 2030 who failed to achieve SVR after one or more treatments with DAAs



# HCV micro-elimination:

It became feasible in certain populations



Decompensated  
cirrhotics



Veterans



Patients with  
haemophilia



Patients with  
chronic kidney  
disease



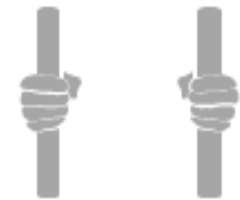
Transplant  
patients



PWID



HIV/HCV co-  
infected



Incarcerated  
individuals

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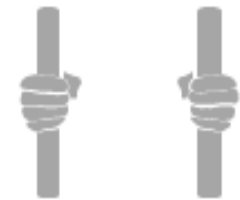
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PWID



HIV/HCV co-  
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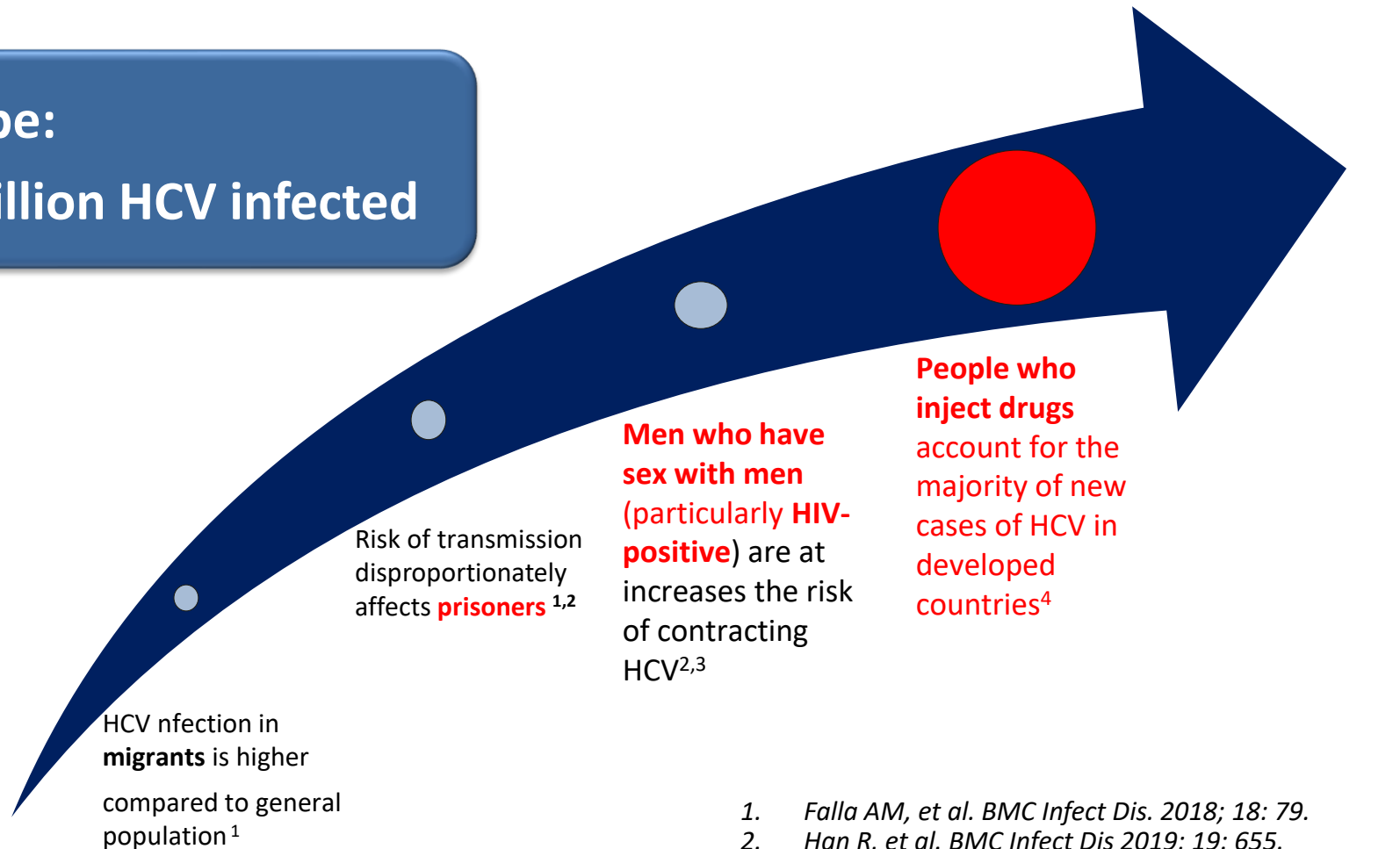


Incarcerated  
individuals



# Current RISK GROUPS for HCV infection in EU/EEA

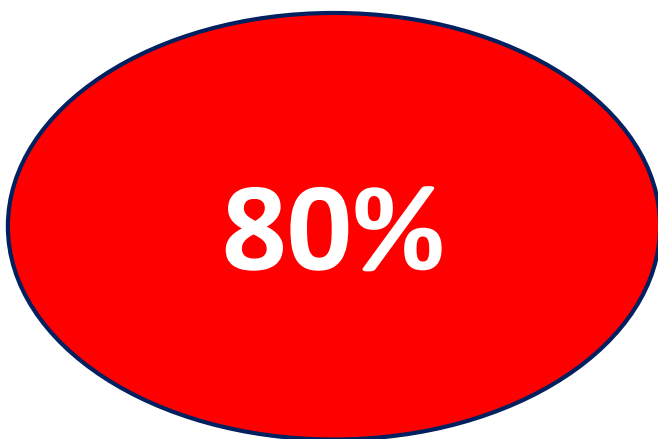
Europe:  
14 million HCV infected



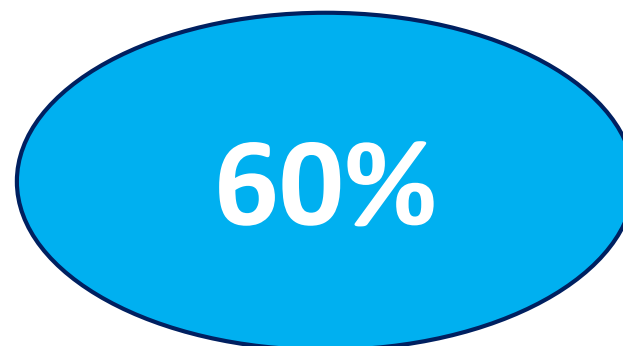
1. Falla AM, et al. *BMC Infect Dis.* 2018; 18: 79.
2. Han R, et al. *BMC Infect Dis* 2019; 19: 655.
3. Larsen C, et al. *PLoS One.* 2011;6:1-9.
4. Shepard CW, et al. *Lancet Infect Dis.* 2005;5:558-567.

# PWID are the driving force of HCV epidemic in EUROPE

| Europe  | Anti-HCV+ prevalence (%) | Anti-HCV+ (N) |
|---------|--------------------------|---------------|
| Western | 53 %                     | 0.5 million   |
| Eastern | 65 %                     | 1.9 million   |



**of new  
HCV infections**



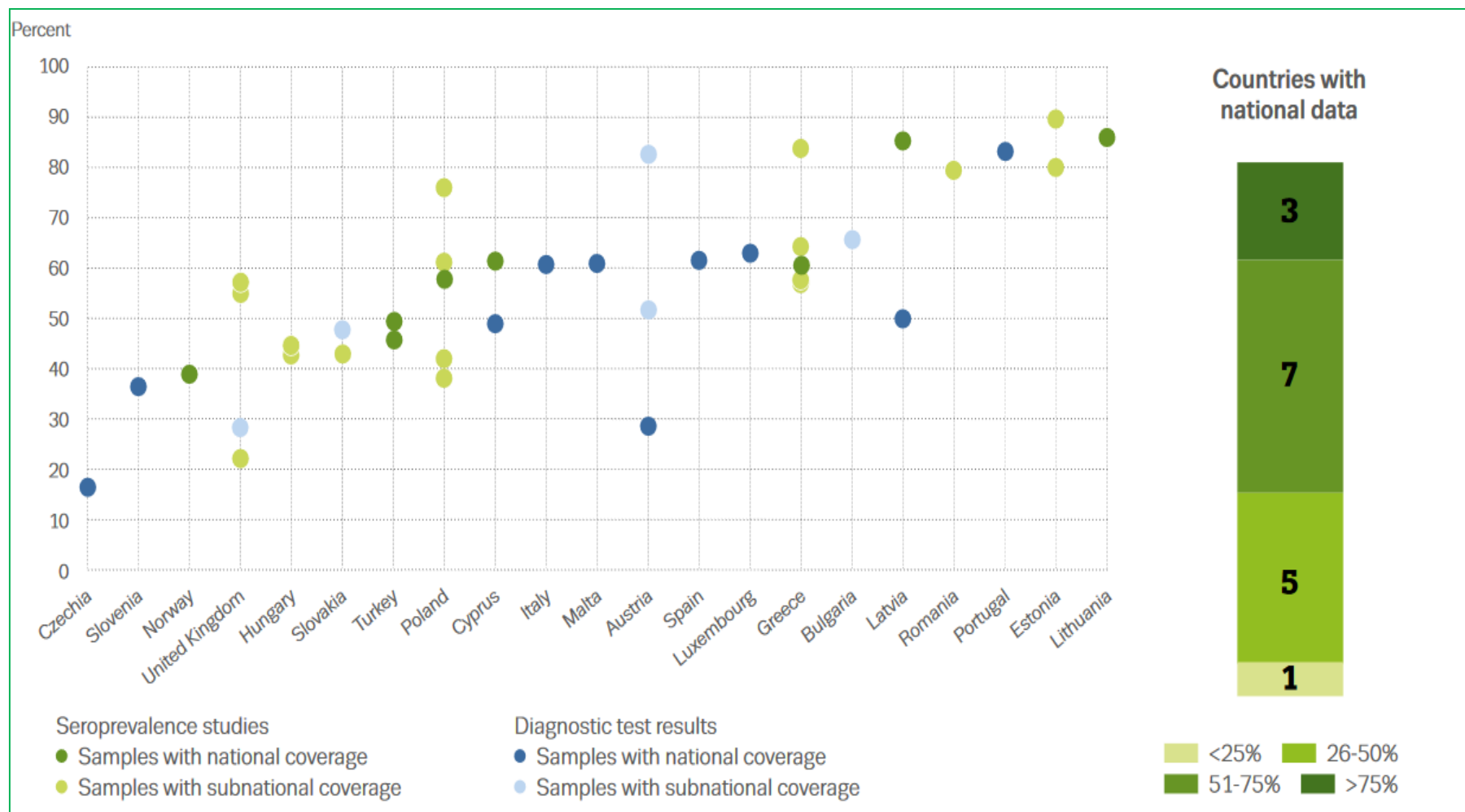
**of existing  
HCV infections**

EMCDDA 2017. European Drug Report : Trends and Developments. <http://www.emcdda.europa.eu/system/files/publications/4541/TDAT17001ENN.pdf>

The Boston Consulting Group. Road to Elimination: Barriers and Best Practices in Hepatitis C Management. July 2017. Accessed 5 July 2018

World Hepatitis Alliance. [http://www.worldhepatitisalliance.org/sites/default/files/resources/documents/holding\\_governments\\_accountable\\_-\\_civil\\_society\\_survey\\_report.pdf](http://www.worldhepatitisalliance.org/sites/default/files/resources/documents/holding_governments_accountable_-_civil_society_survey_report.pdf).

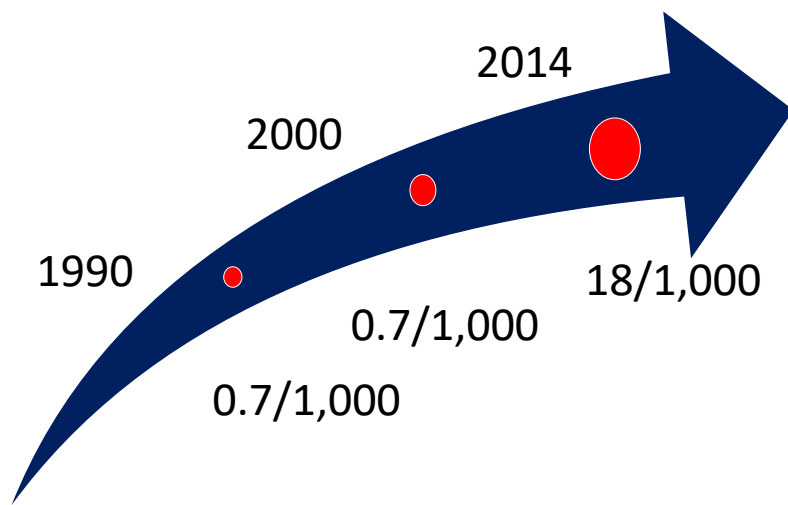
# HCV-seroprevalence and diagnostic test results among PWID in Europe



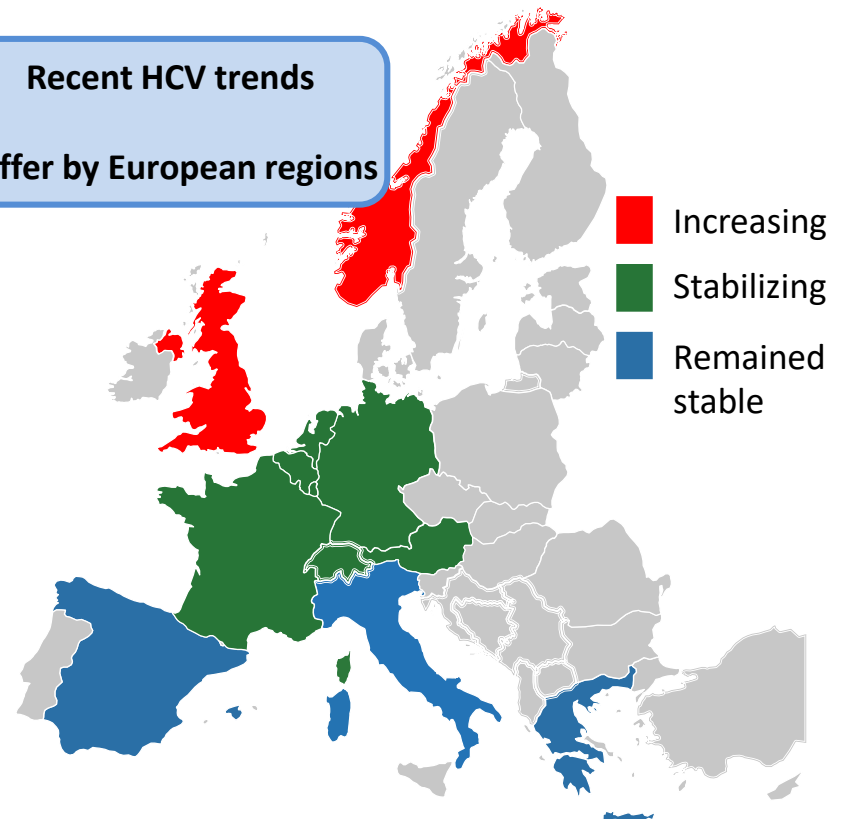
# Increased incidence of HCV infection in **HIV-positive MSM** in Europe

HCV incidence was measured among 5,941 HIV-positive MSM from the CASCADE Collaboration (Period: 1990–2014)

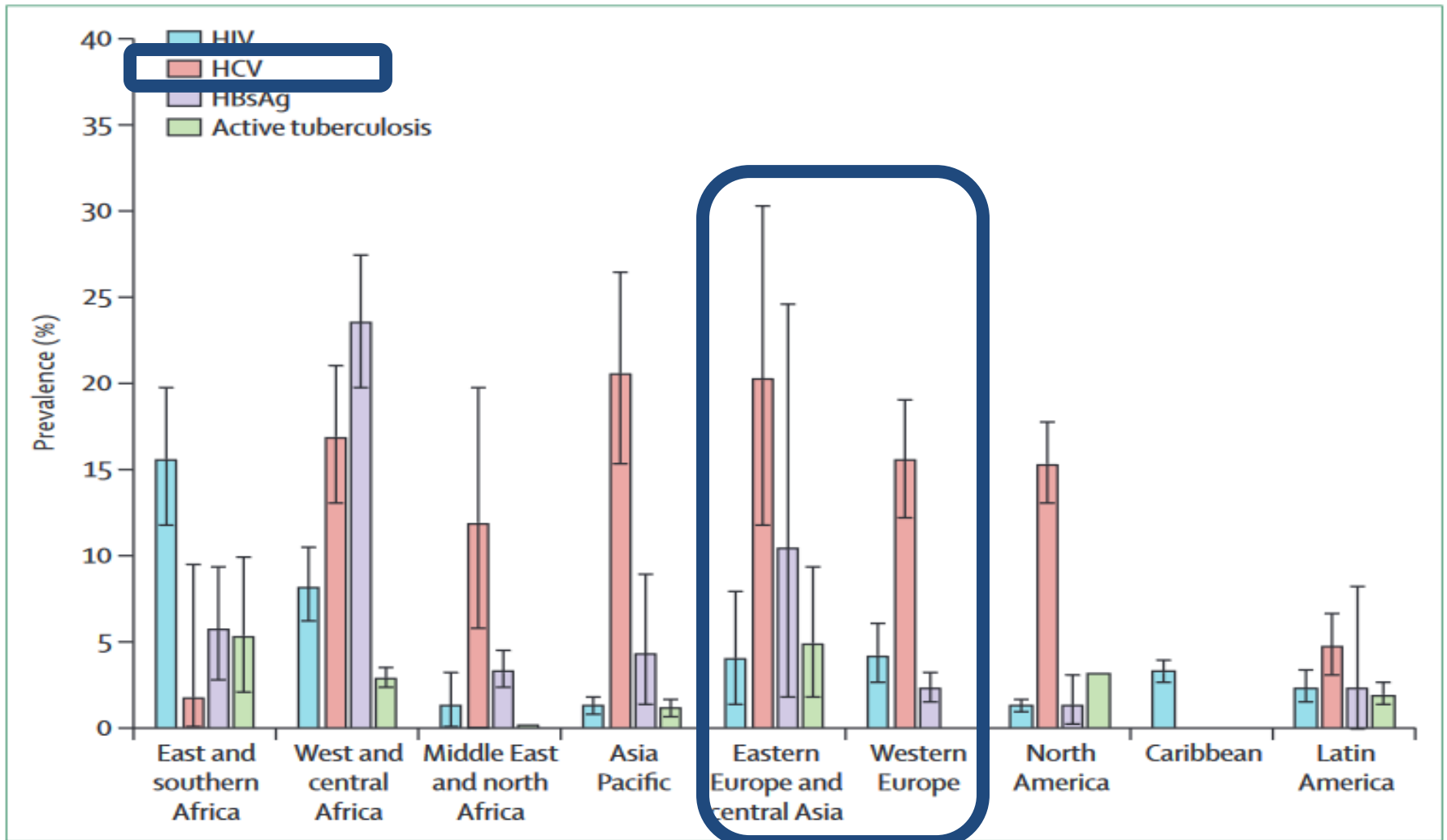
HCV incidence per 1,000 person-years increased over the last 25 years



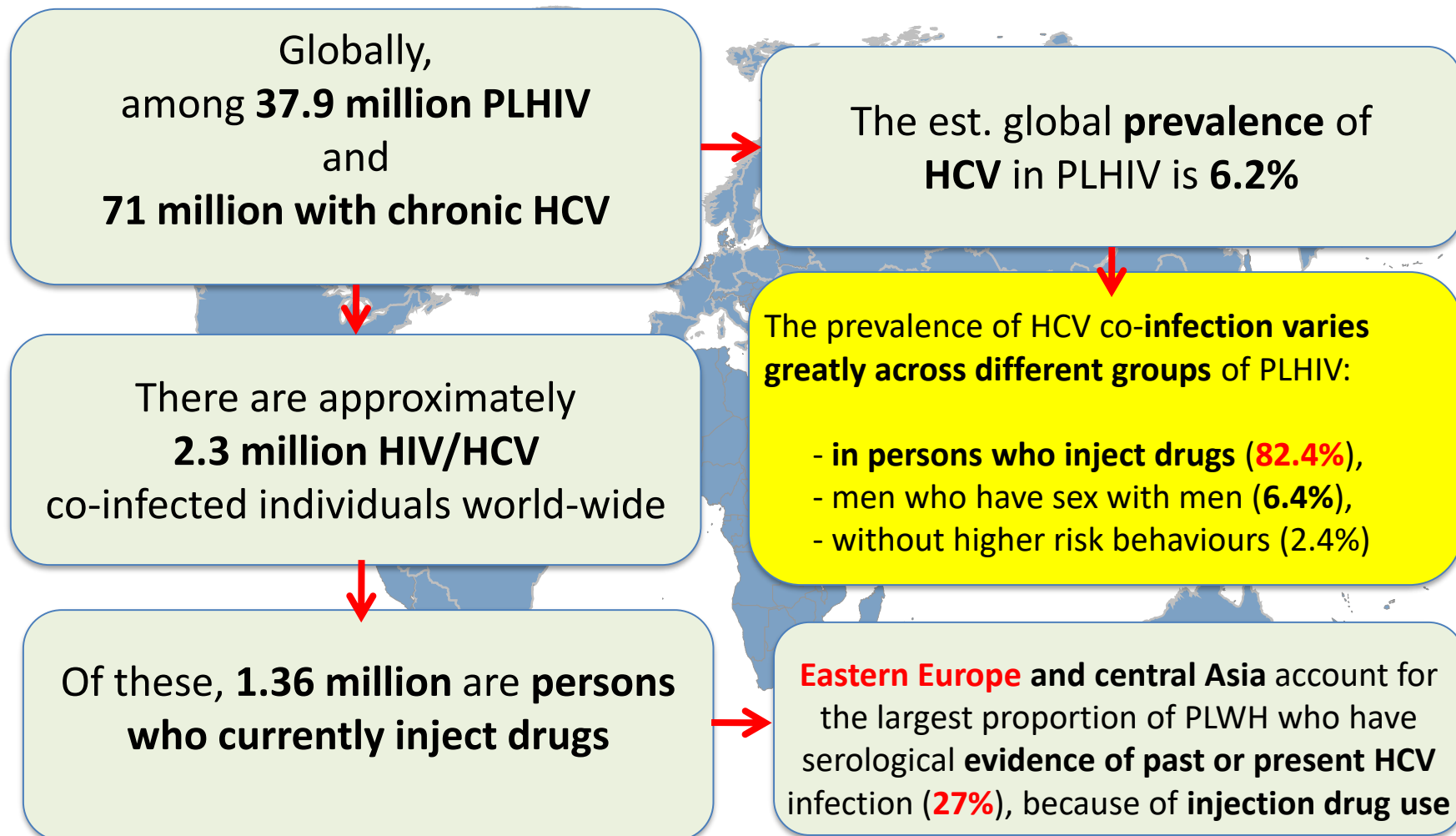
Recent HCV trends differ by European regions



# Reported prevalences of four infectious diseases among **prisoners** worldwide



# HIV – HCV



WHO Global hepatitis report, 2017. Available at: <http://apps.who.int/iris/bitstream/10665/255017/1/WHO-HIV-2017.06-eng.pdf>.  
UNAIDS/WHO estimates, 2018.

Platt L, et al. Lancet Inf Dis 2016; 16:797–808.

Basnayake SK, Easterbrook PJ. J Viral Hep 2016; 23:545–59.

# DAA Therapy of HCV in PWID

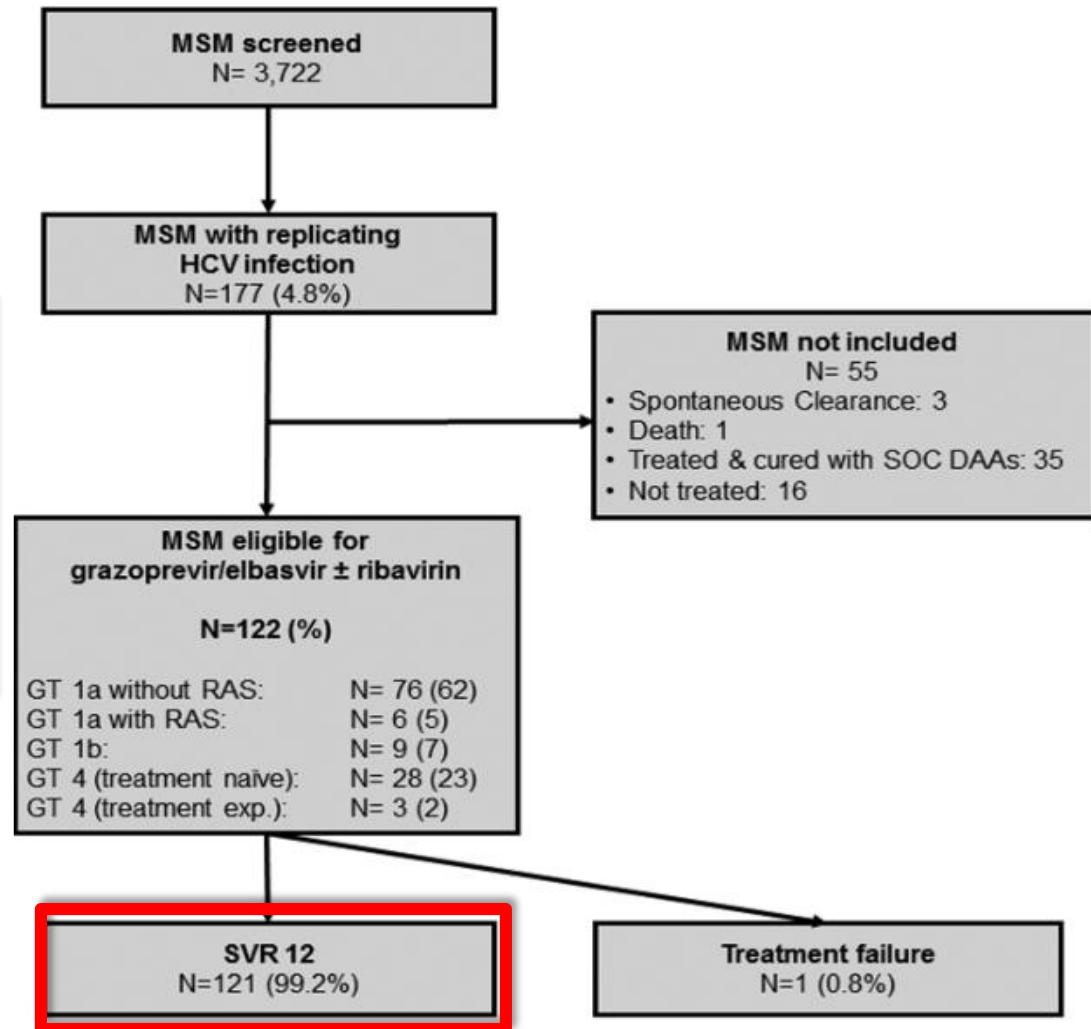
## A Systematic Review and Meta-analysis

38 studies, 3634 pts with DU in the past 6 months, initiation/during DAA

|                     | Studies | Participants | Tx Completion | SVR   |
|---------------------|---------|--------------|---------------|-------|
| Recent DU           | 21      | 1408         | 97.5%         | 87.7% |
| OST                 | 36      | 2987         | 97.4%         | 90.7% |
| Recent injecting DU | 8       | 670          | 96.9%         | 87.4% |

Meta-regression analysis: clinical trials (vs observational studies) and higher age were associated with higher SVR and lower % lost to follow-up.

# High cure rates of hepatitis C with G/P among HIV/HCV co-infected **MSM** in Swiss HIV cohort study

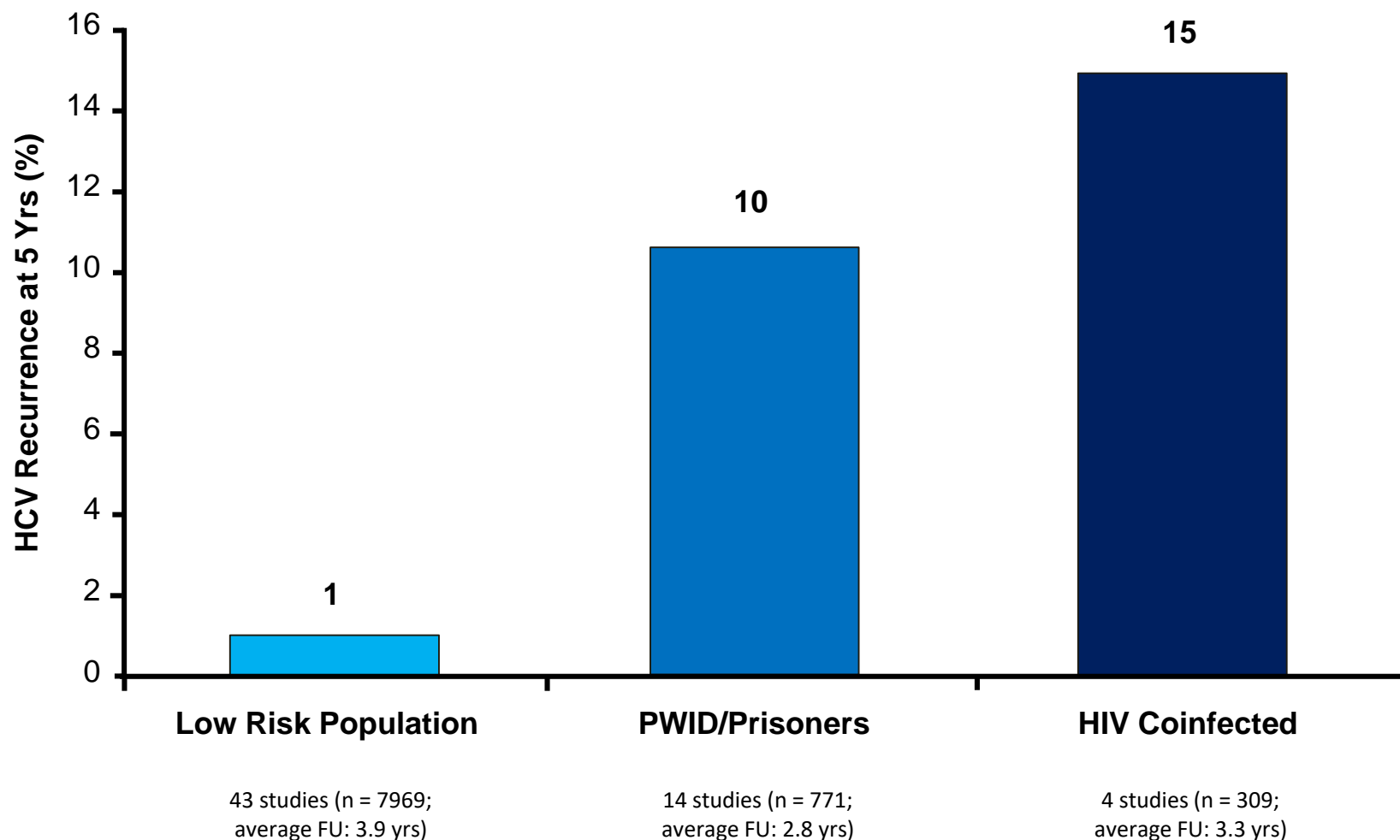




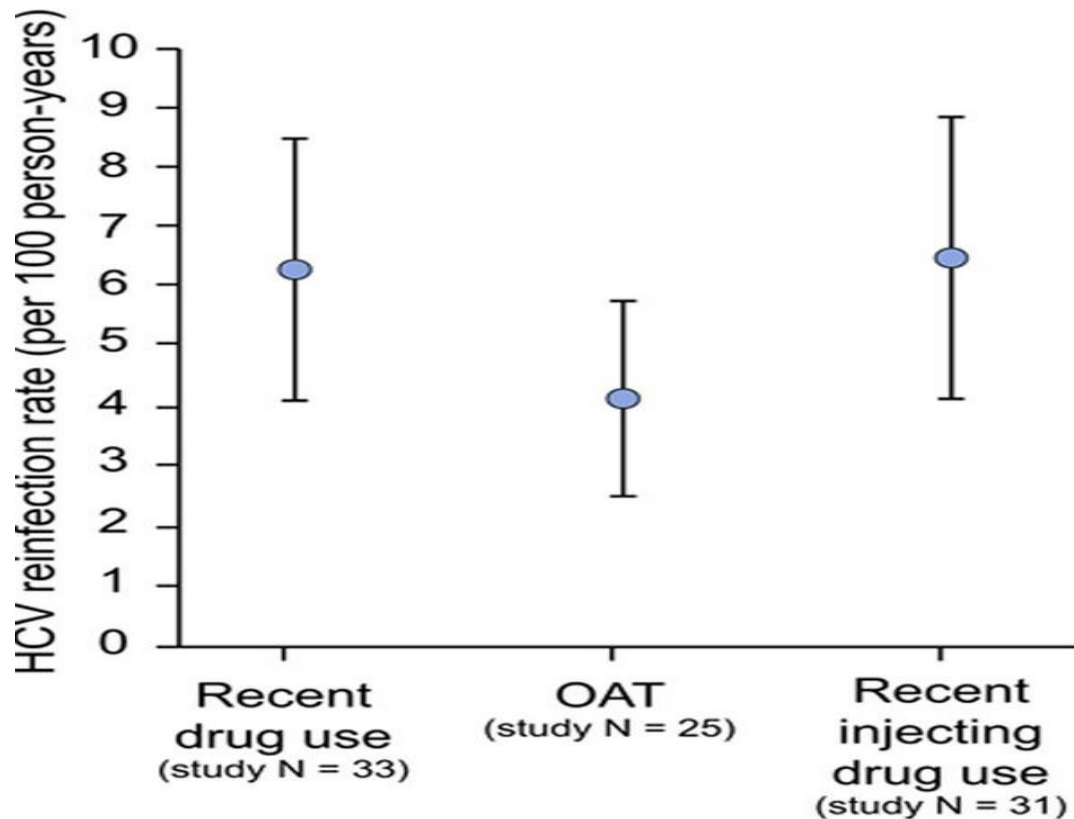
# HCV Re-infection

## over 5 yrs by study population

a systematic review and meta-analysis



# Hepatitis C reinfection after successful antiviral treatment among **PWID**: A meta-analysis of 36 studies



**HCV infection rate in various study populations, based on recent drug use & OAT status**

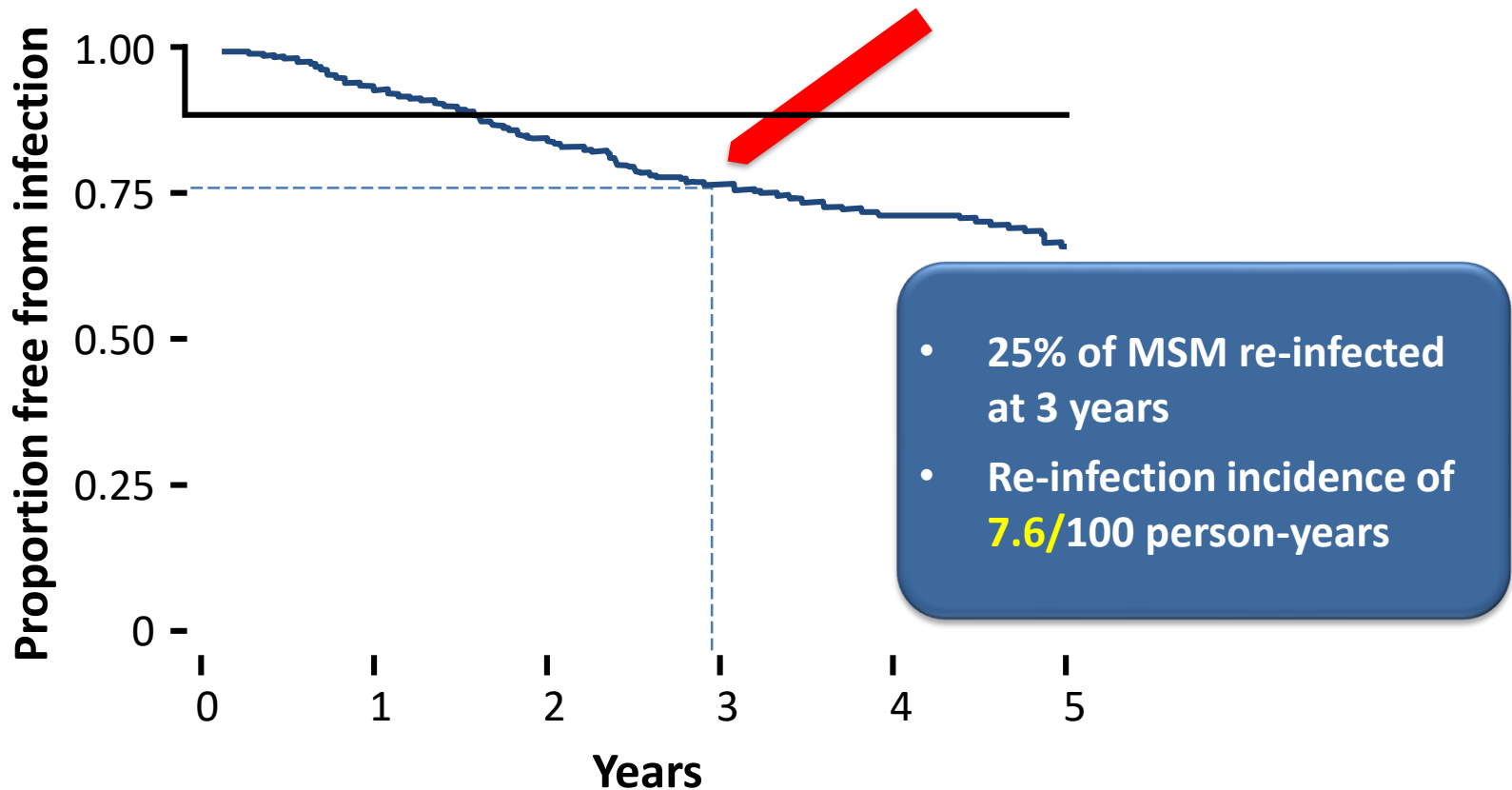
- Follow-up of 6.311 person-years (p-y)

Overall rate of re-infection:

- recent drug use: **5.9/100 p-y**
- recent injecting: **6.2/100 p-y**
- on OST: **3.8/100 p-y**

# High risk of HCV re-Infection in HIV-positive **MSM** in Western Europe

Data from the European AIDS Treatment Network (NEAT) consortium centres in Western Europe (UK, Germany, Austria and France)



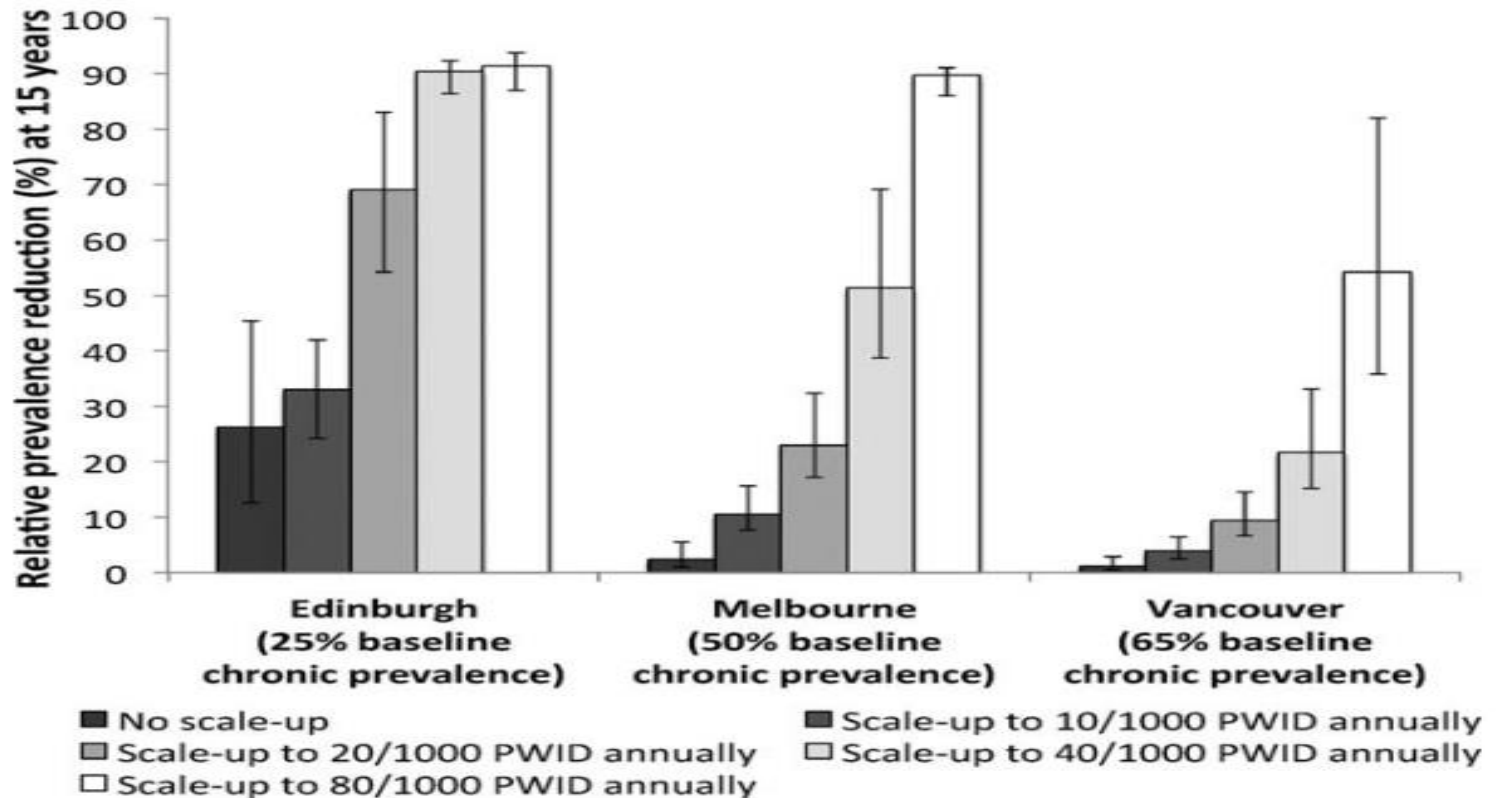
# Prevention of HCV transmission in risk groups

- Several **effective strategies exist for reducing transmission of HCV in risk groups**:
  - needle /syringe exchange programs (N/S)
  - safe injection facilities
  - opioid substitution treatment (OST)
  - safe sex practices
- HCV incidence **remains fairly high** even in areas with such programs
- Experiences from **HIV infection**:
  - early initiation of ART benefits in preventing HIV transmission
- The proposed new strategies for prevention of HCV transmission :
  - **Treatment as prevention (TAP)**

# HCV Treatment as Prevention (TAP)

- Are DAAs effective on the **public-health level**?
  - modeling studies
  - real-life data

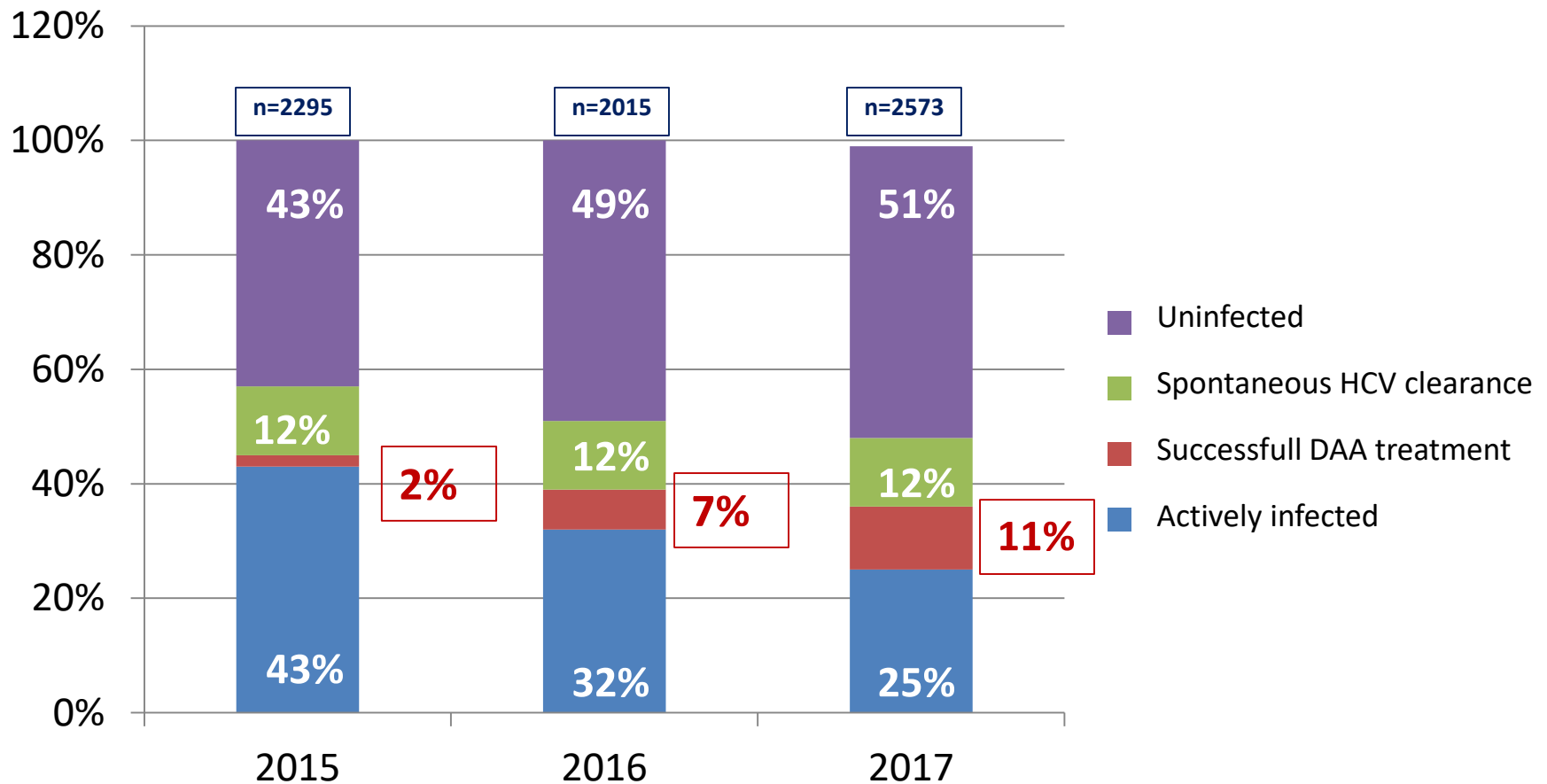
# Hepatitis C Virus TAP Among PWID: Modeling Treatment Scale-Up in the Age of DAAs



Relative prevalence reductions at 15 years  
by scaling-up DAA treatment

# Association between rapid utilisation of DAAs and decline in the prevalence of viremia among PWID in N/S programmes

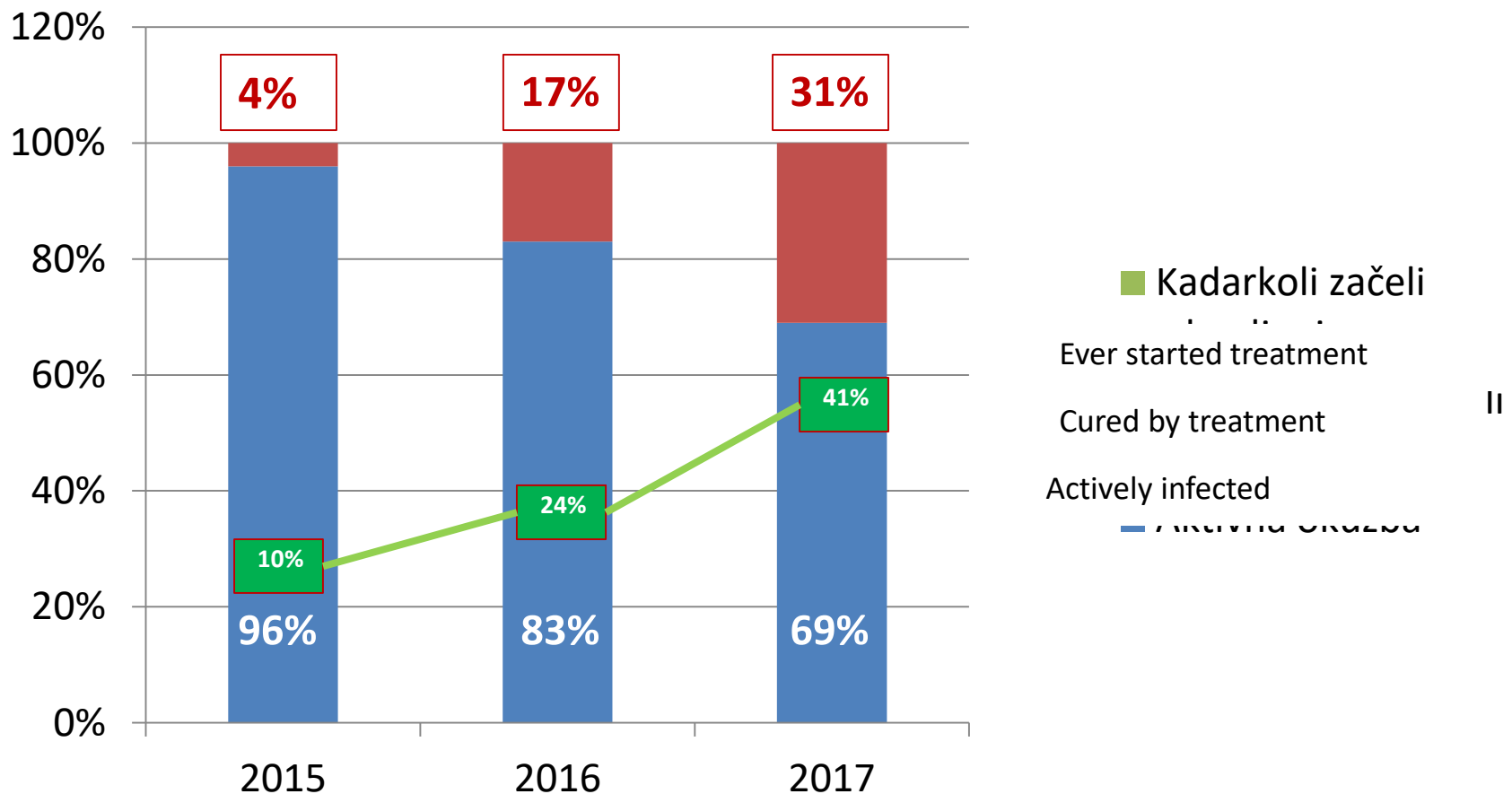
A national study from Australia



Number of PWID in N/S programmes with regards to HCV infection

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A national study from Australia

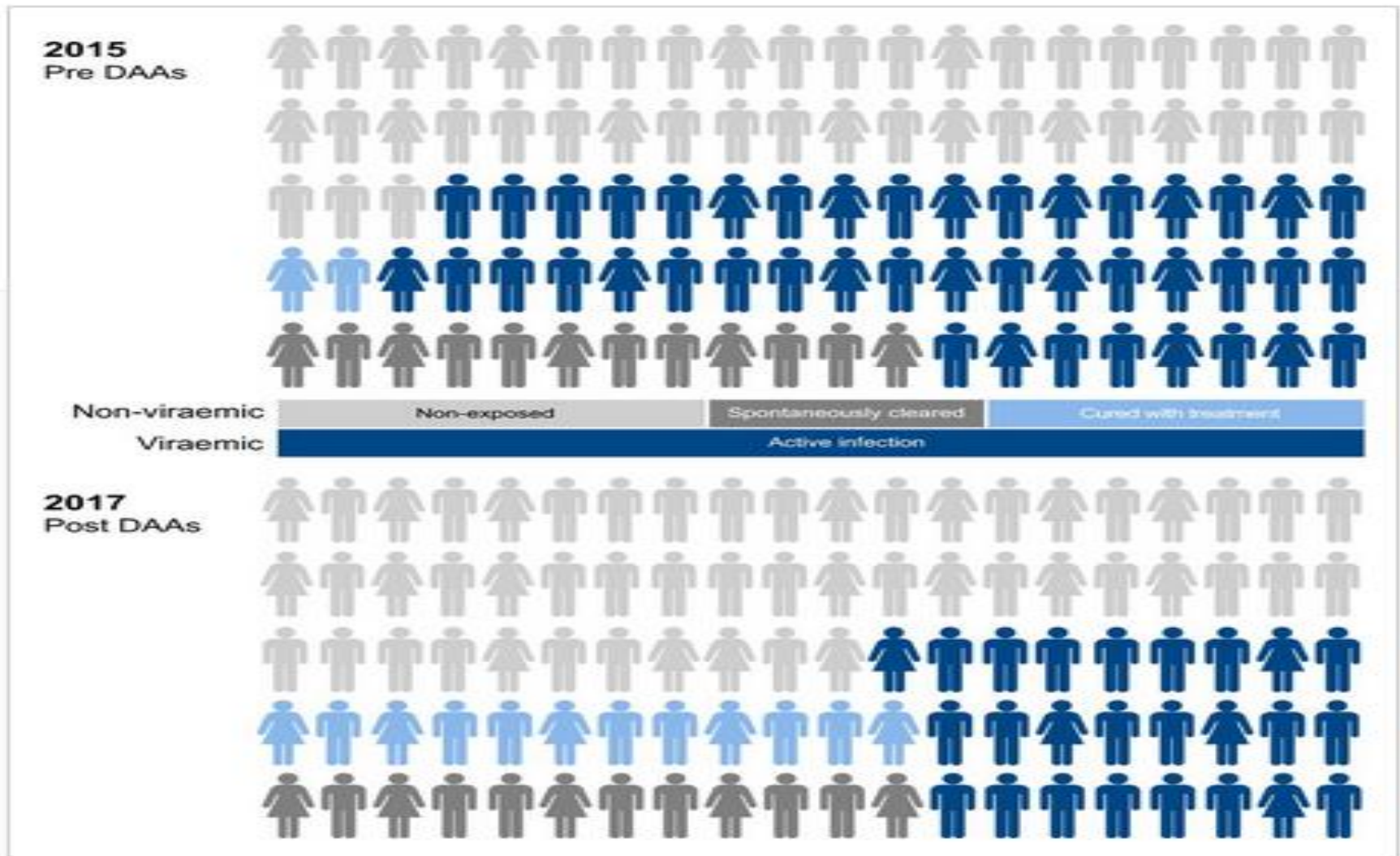


HCV-infected PWID in N/S programmes



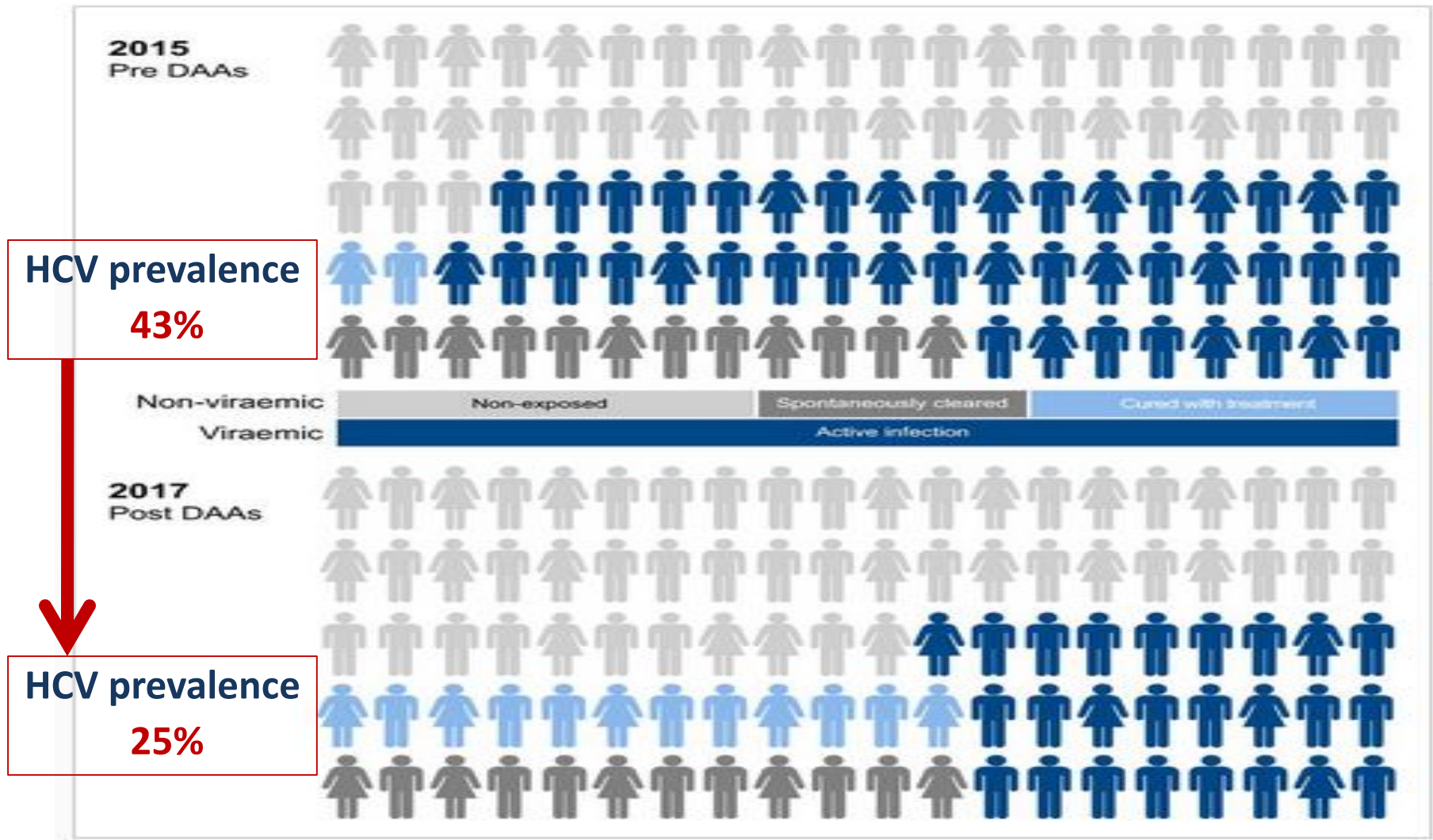
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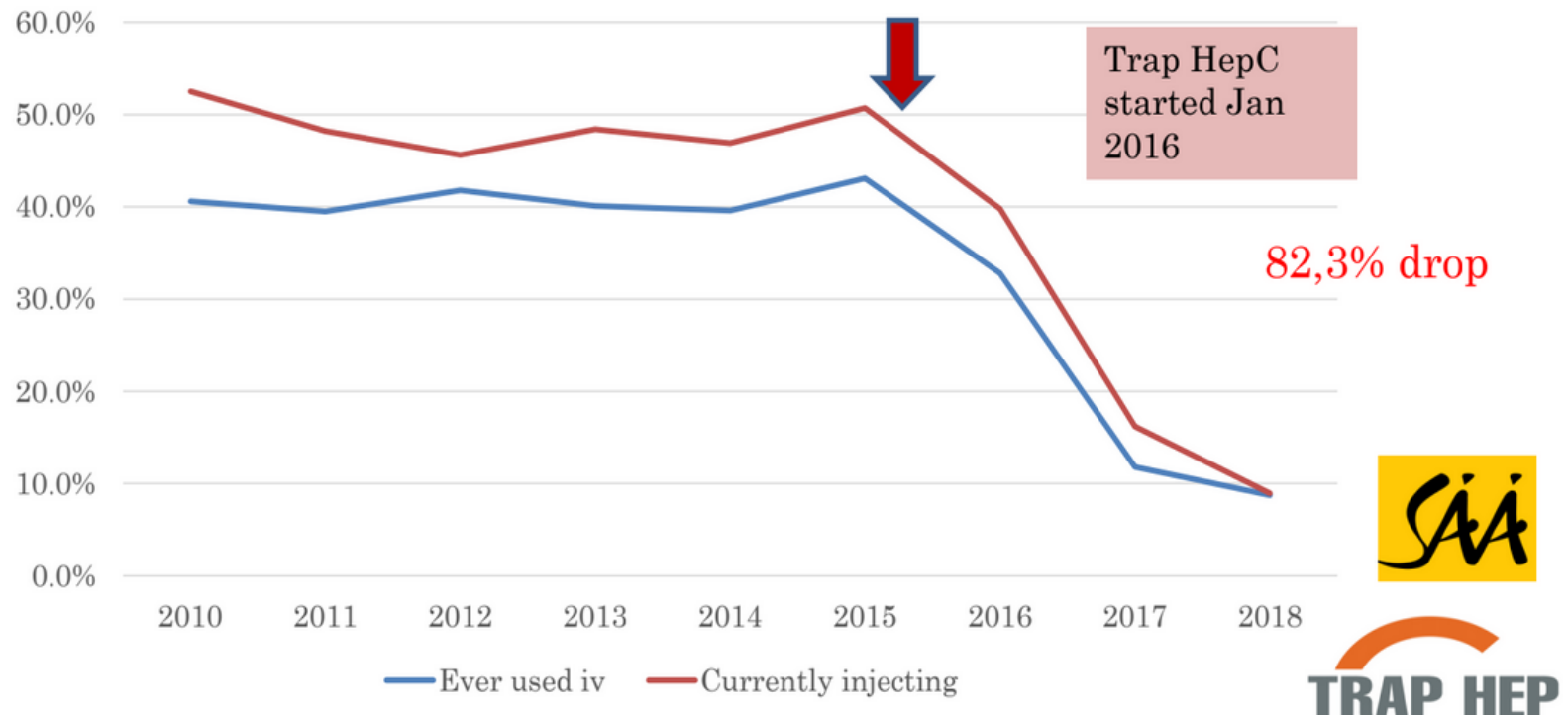
A national study from Australia



# HCV RNA prevalence decline in **PWID** at Addiction Hospital in Iceland

When TraP HepC was initiated in 2016:

- All PWID were screened, diagnosed and subsequently treated with DAAs

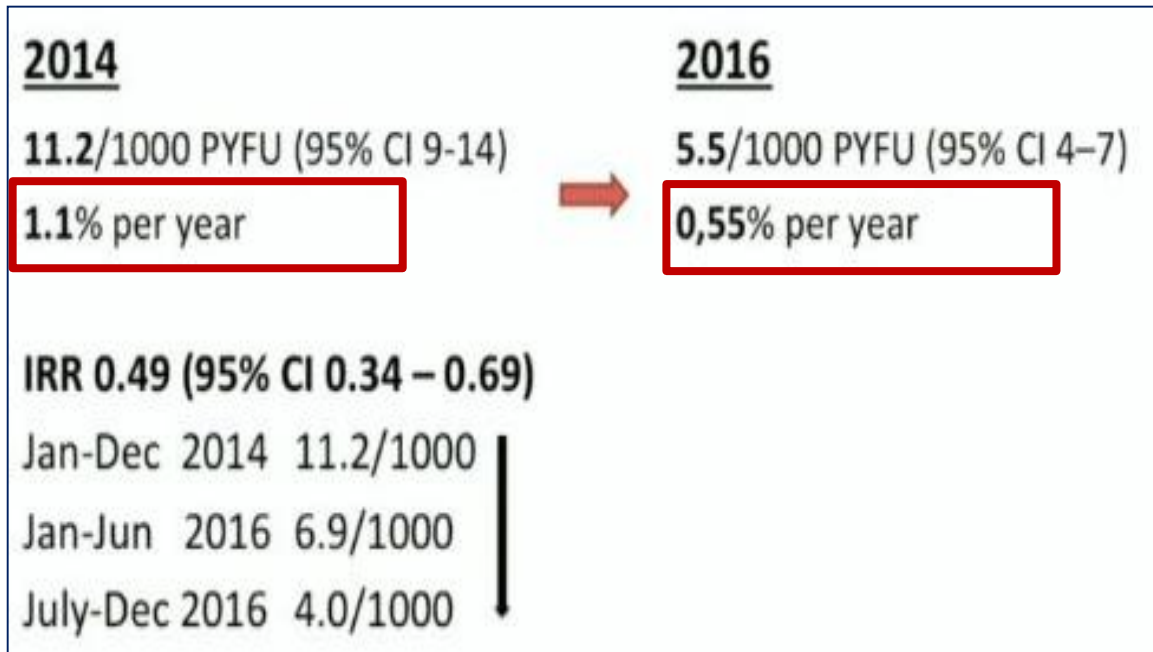


Tyrfigsson, et al. INHSU 2018.

Olafsson S. First Regional Consultation on Viral Hepatitis in the WHO European Region: Progress on the Way to Elimination. Tbilisi, Georgia 11–13 February 2019.

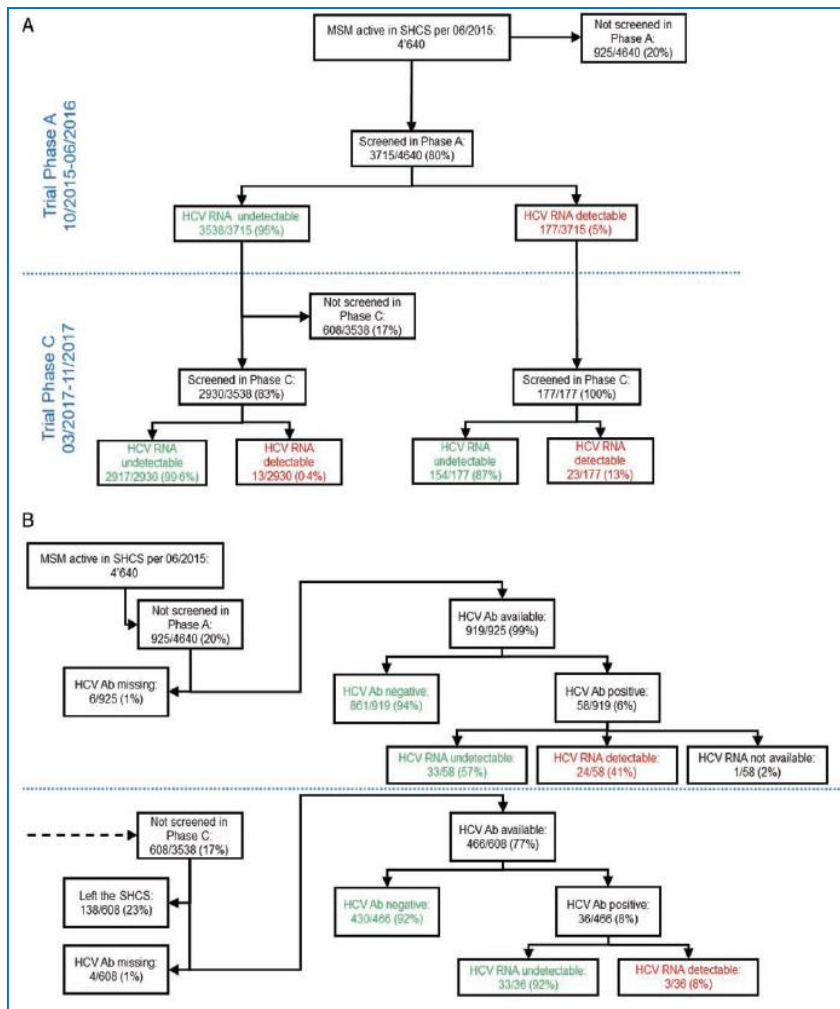
# A substantial decline in acute HCV infections among **HIV-positive MSM** after DAA roll out

One year after unrestricted DAA availability in the Netherlands, the incidence of acute HCV in HIV+ MSM decreased by 52%



For the first time, real-life data show that “HCV treatment as prevention” averts new HCV infections in HIV+MSM

# TAP trial to eliminate hepatitis C among HIV-positive **MSM** in the Swiss HIV Cohort Study



***A systematic, population-based HCV micro-elimination program among MSM living with HIV***

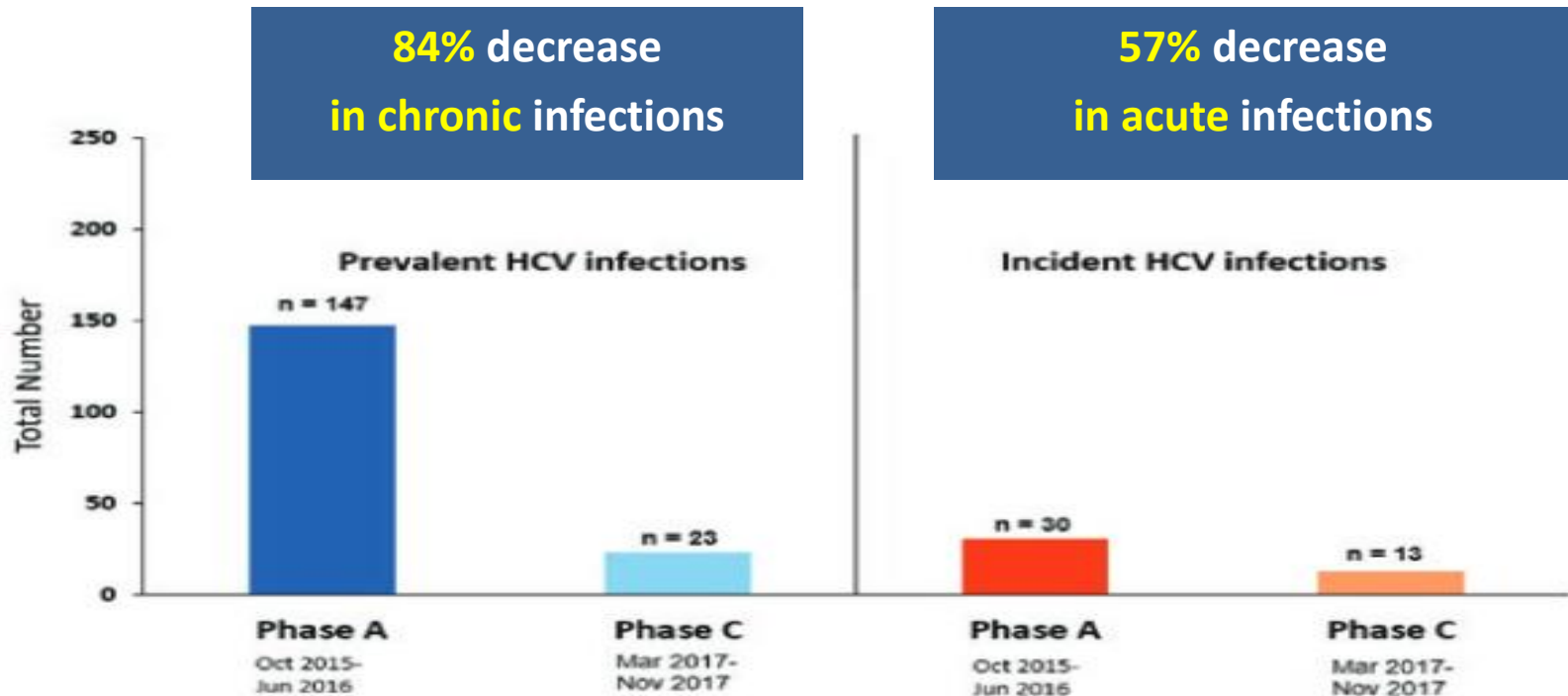
**Phase A (10/2015–06/2016):**  
a population-based and systematic screening for HCV-RNA among MSM from the SHCS.

**Phase B (06/2016–02/2017):**  
treatment with DAAs offered to MSM identified with a replicating HCV infection.

**Phase C (03/2017–11/2017):**  
re-screening offered to all MSM for HCV-RNA and initiated DAA treatment in MSM with replicating infections



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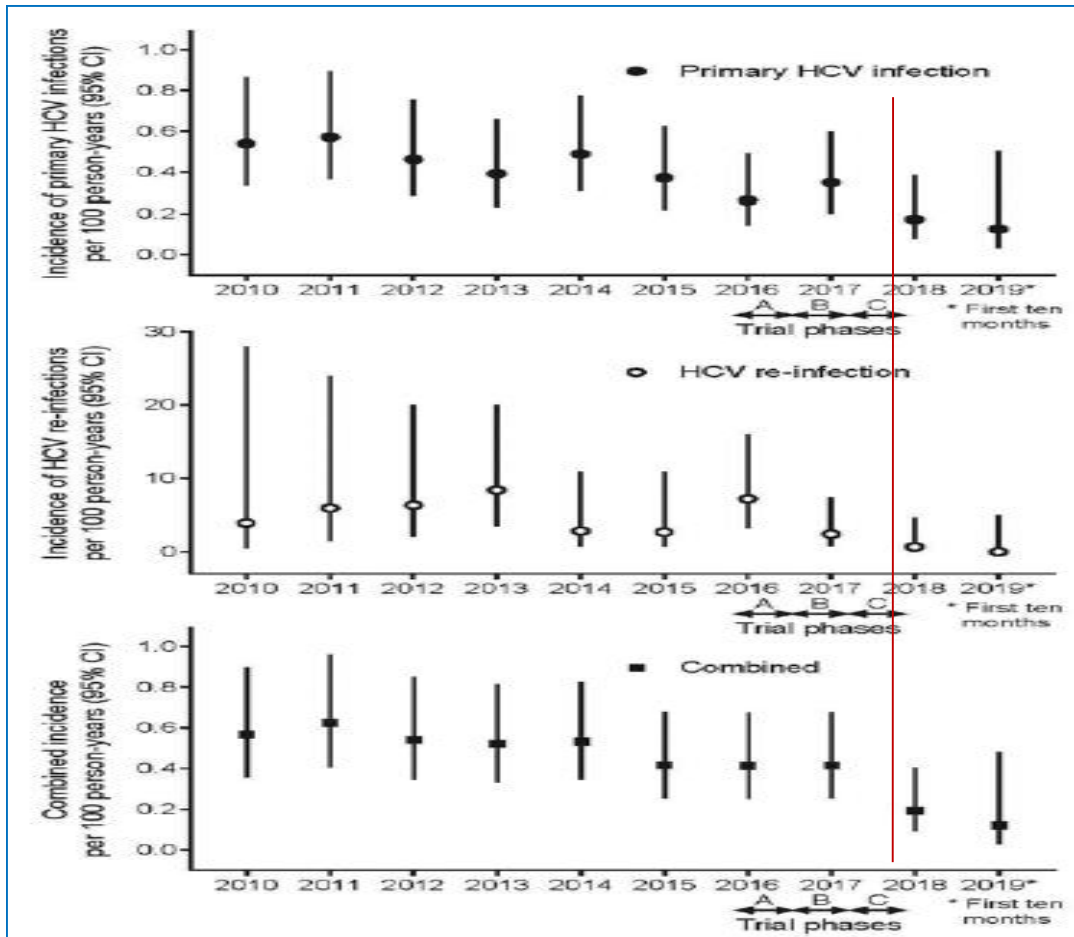
**A/ Primary screened:** 3715/4640 (80%); 177 HCV RNA-positive (4.8%);

**B/ Treatment:** 150 started DAA (85%), 149 cured (99.3%)

**C/ Re-screened:** 2930/3538 (83%); **13 new infections (0.4%)**

- Cured: 176/190 (93%)

# A TAP trial to eliminate hepatitis C among HIV-positive **MSM** in the Swiss HIV Cohort Study



Combined incidence of HCV infection per 100 py (95% CI)

DECLINE, 2015-2017:

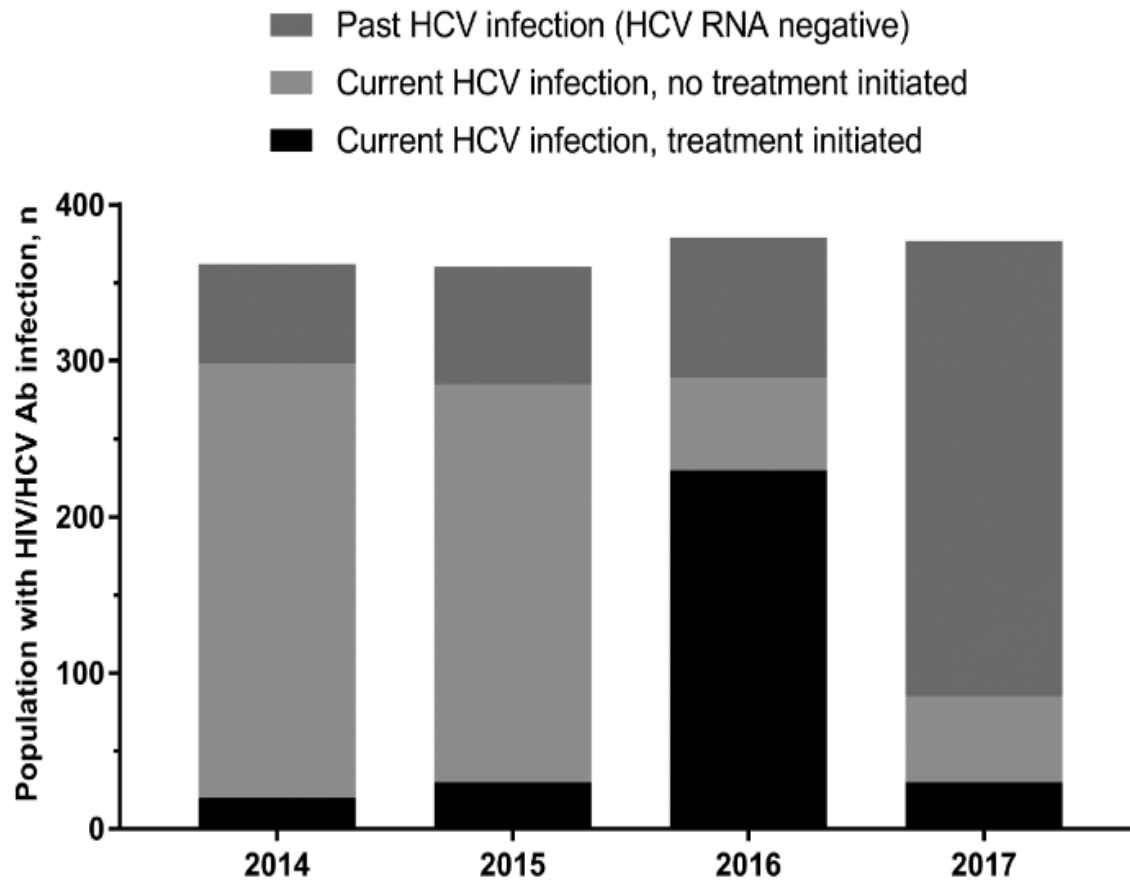
0.53/100 p-y



0.12/100p-y

Universal access to DAAs was available in Switzerland from **October 2017**.

# Hepatitis C Microelimination Among **HIV/HCV coinfect**ed in Australia: The CEASE Study



Annual HCV treatment uptake, 2014–2017

- **Period:** 2014-2017
- **N=402**
- 95% male  
(80% gay, bisexual)
- 80% IDU  
(39% currently injecting)

## **Treatment uptake:**

2014: 7%

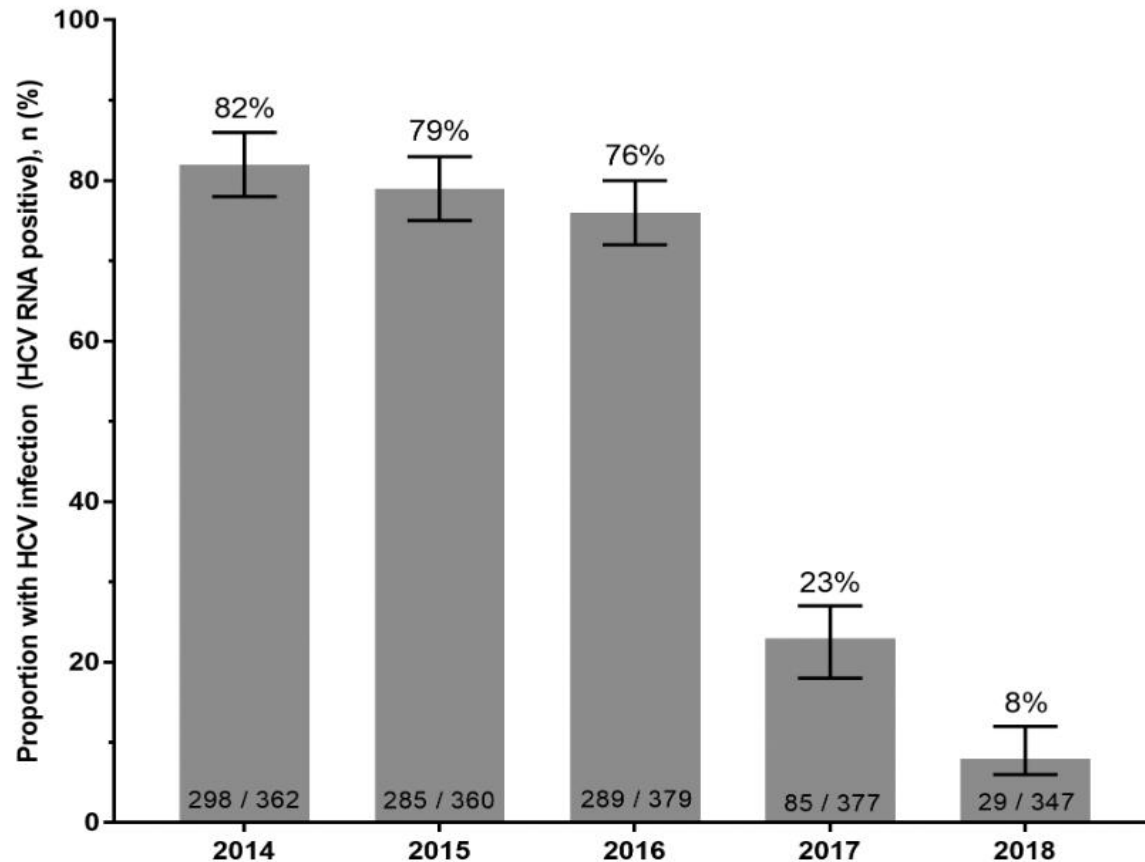
2015: 11%

2016: 80%

Cumulative: **91%**



# Hepatitis C Microelimination Among **HIV/HCV** coinfectd in Australia: The CEASE Study



Proportion of the CEASE cohort with HCV infection (HCV RNA positive), 2014–2018.

Decline  
in HCV prevalence  
from 2014 to 2018:

82%



8%

Reinfection:

n=5

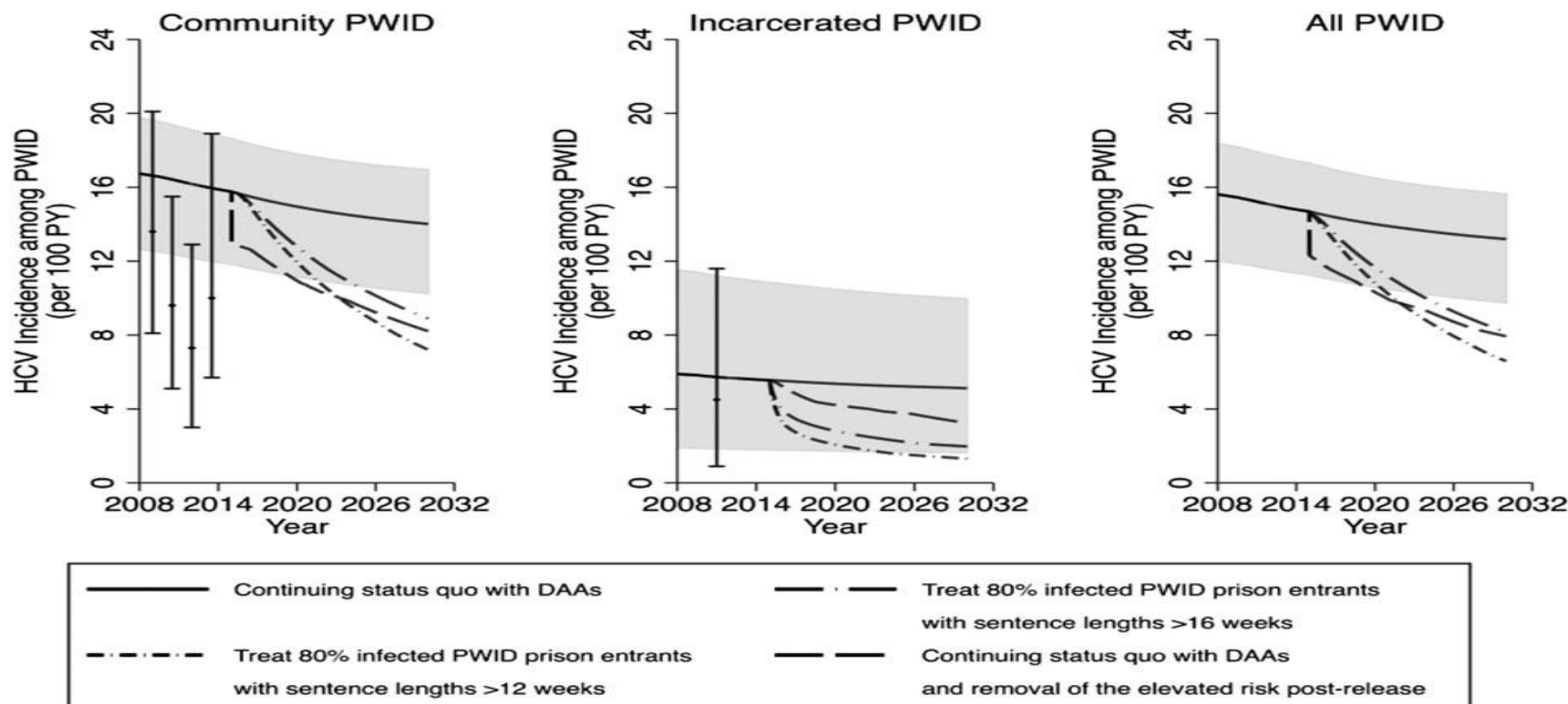
0.81/100 py

# Modeling the impact of **incarceration** and prison-based HCV treatment on HCV transmission among **PWID** in Scotland

National survey of HCV incidence in PWID: in community 7.3%, in prisons 4.3% -

but 2.3-fold elevated transmission risk among recently released PWID (<6mths)

Incarceration contributes 28% of HCV transmission among PWID in Scotland.

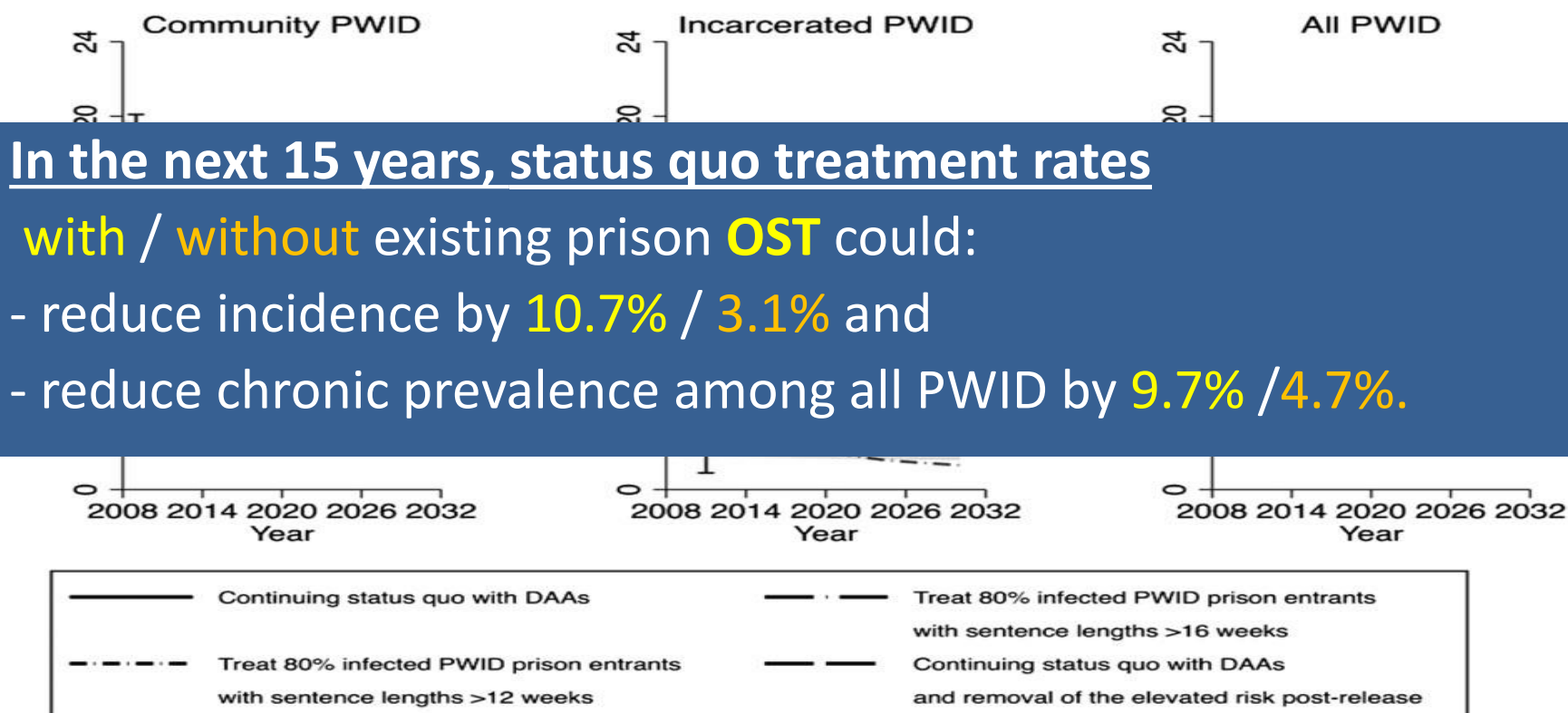


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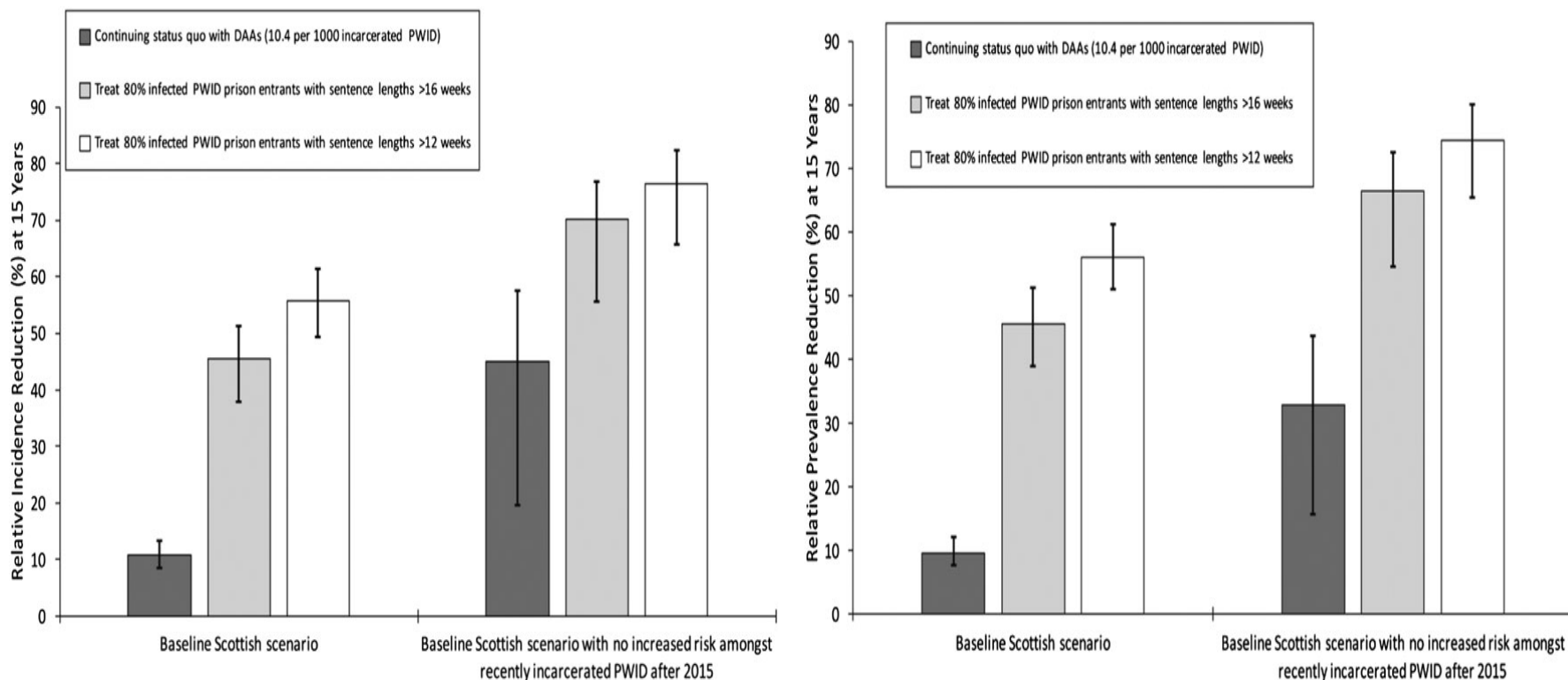
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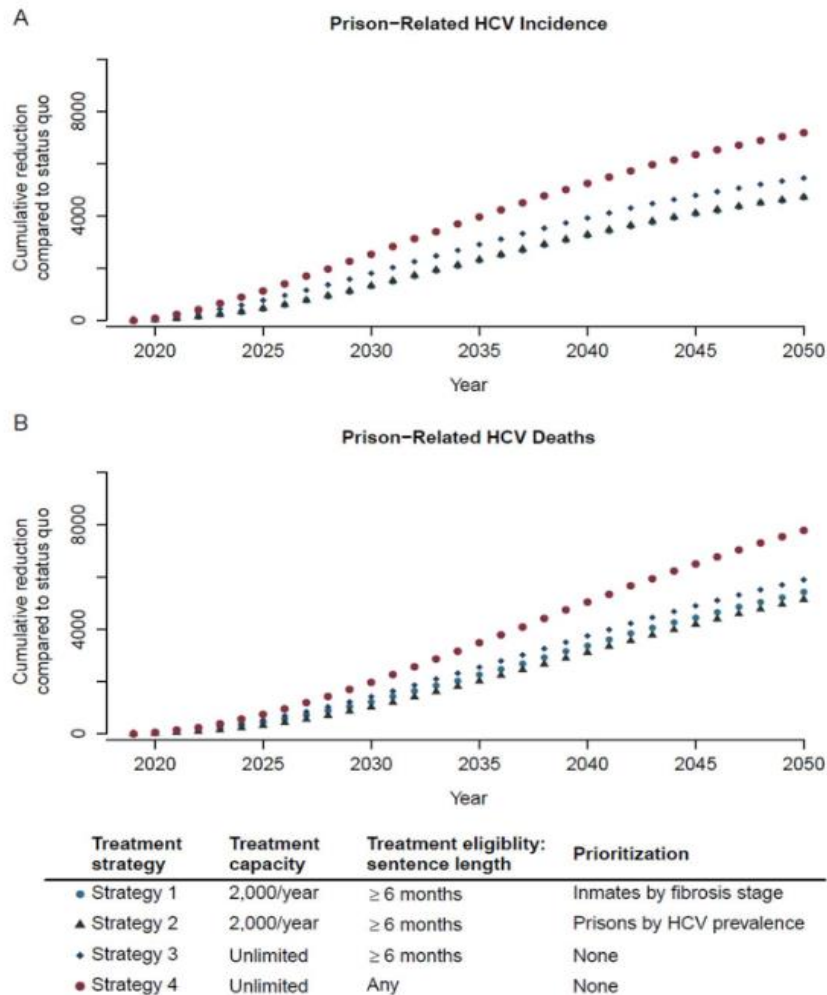


# Modeling the impact of incarceration and prison-based HCV treatment on HCV transmission among PWID in Scotland



Period 2017-2032: scaling-up HCV treatments to 80% of chronic PWID prison entrants with sufficient sentences (>16 mths) could **reduce incidence by 45.6% and prevalence by 45.5%.**

# Modeling study: Improved Health outcomes from HCV treatment Scale-Up in Spain's **prisons**



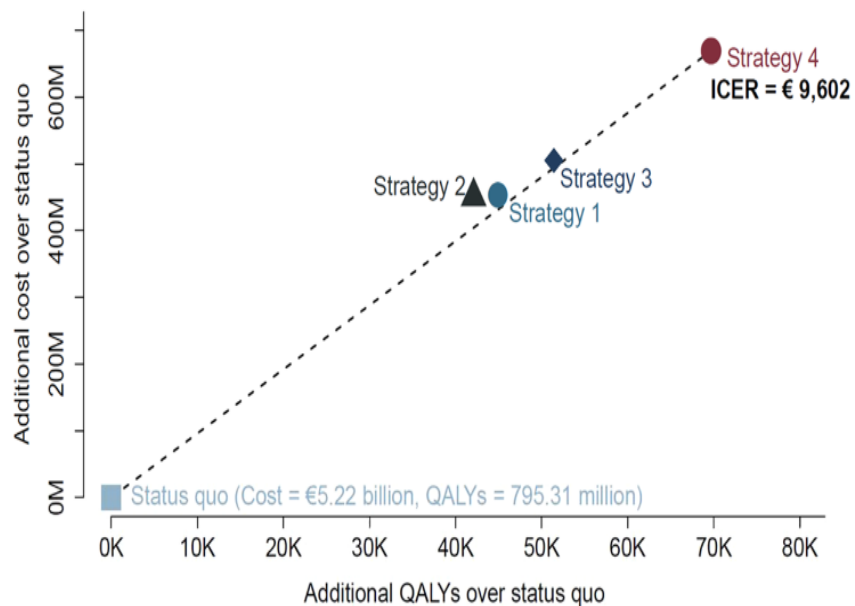
## Period 2019-2050

Scaling-up treatment by treating **all** incarcerated persons provided maximum health benefits :

**preventing 10,200 new HCV cases  
and  
8,300 HCV-related deaths**

# Modeling study

## Improved Health outcomes from HCV treatment Scale-Up in Spain's **prisons**: A cost-Effectiveness Study



| Treatment strategy | Treatment capacity | Treatment eligibility: sentence length | Prioritization            |
|--------------------|--------------------|--|---------------------------|
| ■ Status quo       | 160/year           | ≥ 6 months                             | None                      |
| ● Strategy 1       | 2,000/year         | ≥ 6 months                             | Inmates by fibrosis stage |
| ▲ Strategy 2       | 2,000/year         | ≥ 6 months                             | Prisons by HCV prevalence |
| ◆ Strategy 3       | Unlimited          | ≥ 6 months                             | None                      |
| ● Strategy 4       | Unlimited          | Any                                    | None                      |

### Period 2019-2050

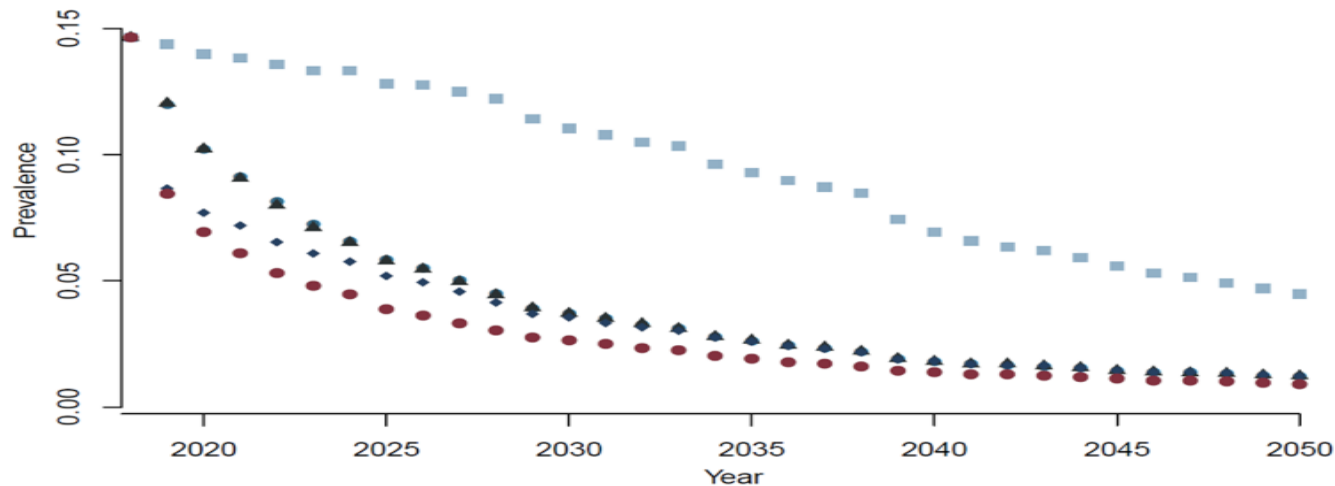
Compared to status-quo,  
scaling-up treatment by  
treating **all** incarcerated persons:

increased QALYs by 69,700  
and  
costs by EUR 6700 million

yielding an incremental  
**cost-effectiveness ratio** of  
EUR 9,600/QALY

## Modeling study

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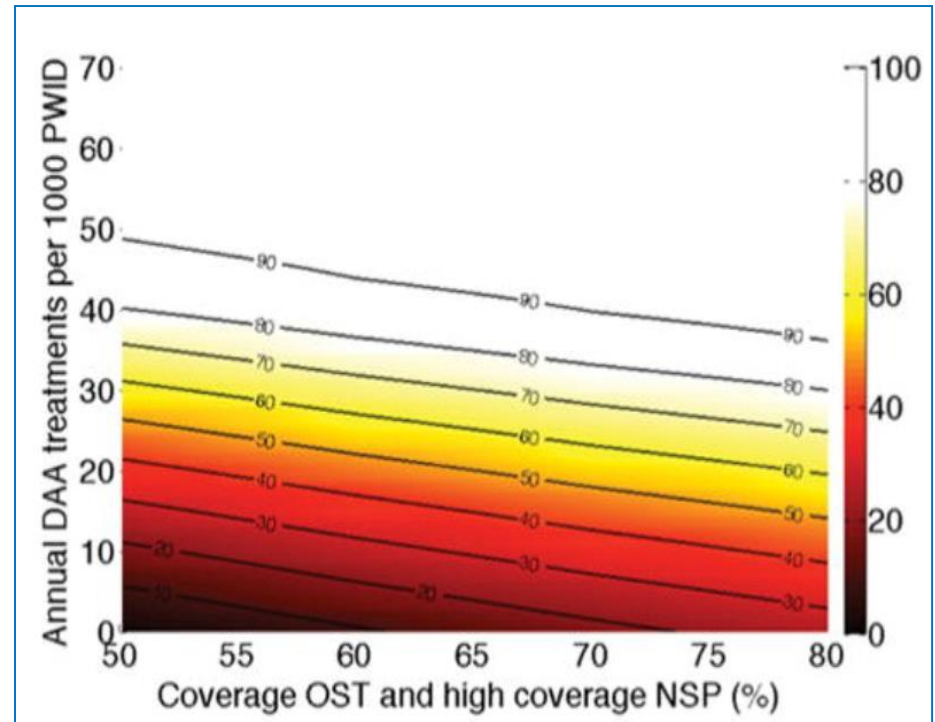
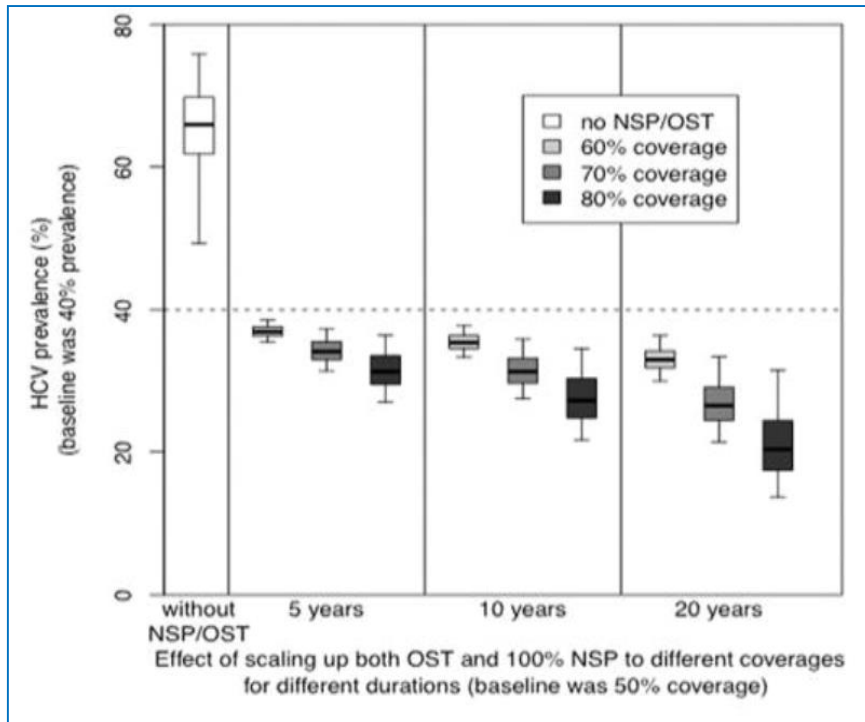


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Scaling-up DAA treatment for the entire Spanish prison population,  
irrespective of sentence length,

**is cost-effective and would reduce HCV burden**

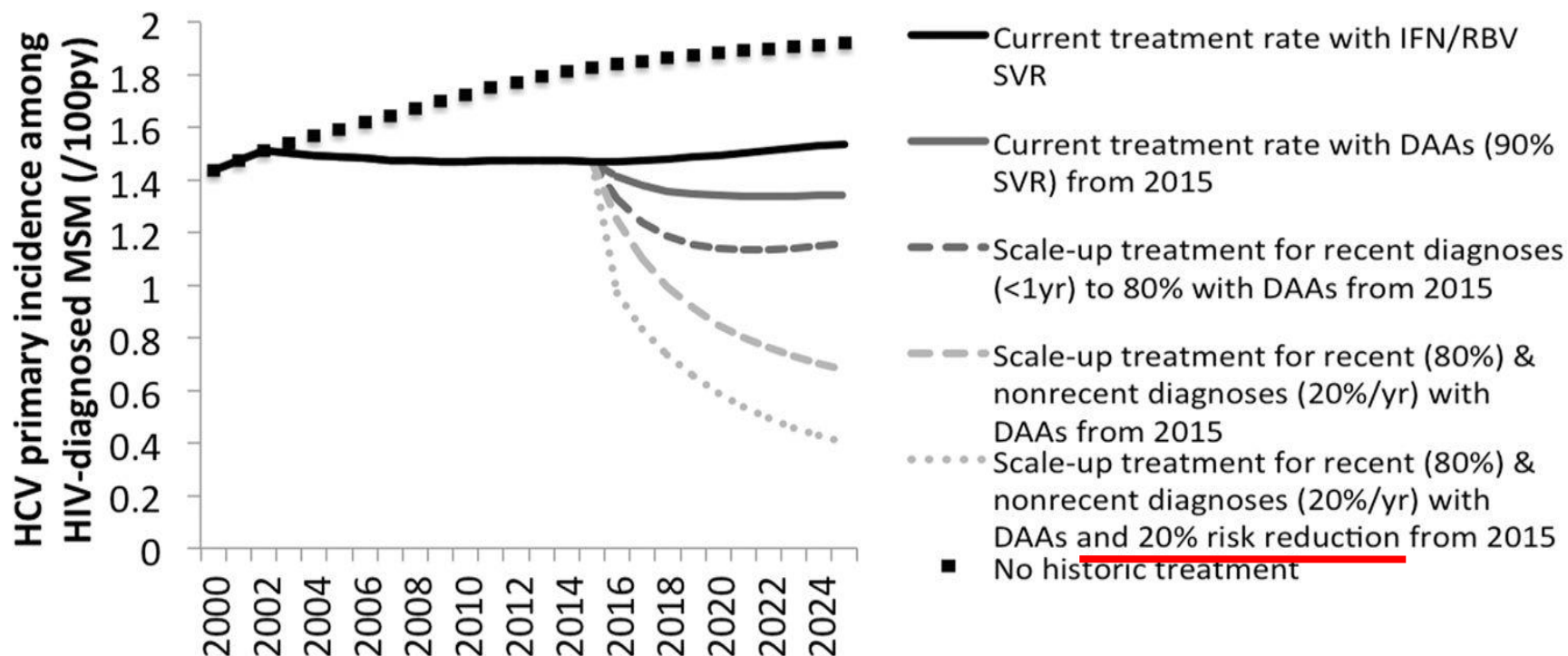
# Modeling combination HCV prevention among PWID in the UK



Modeling projections of the **combined effects** of harm reduction alone (A) and combination **harm reduction and HCV DAA therapy** (B) on HCV prevalence among PWID in the UK



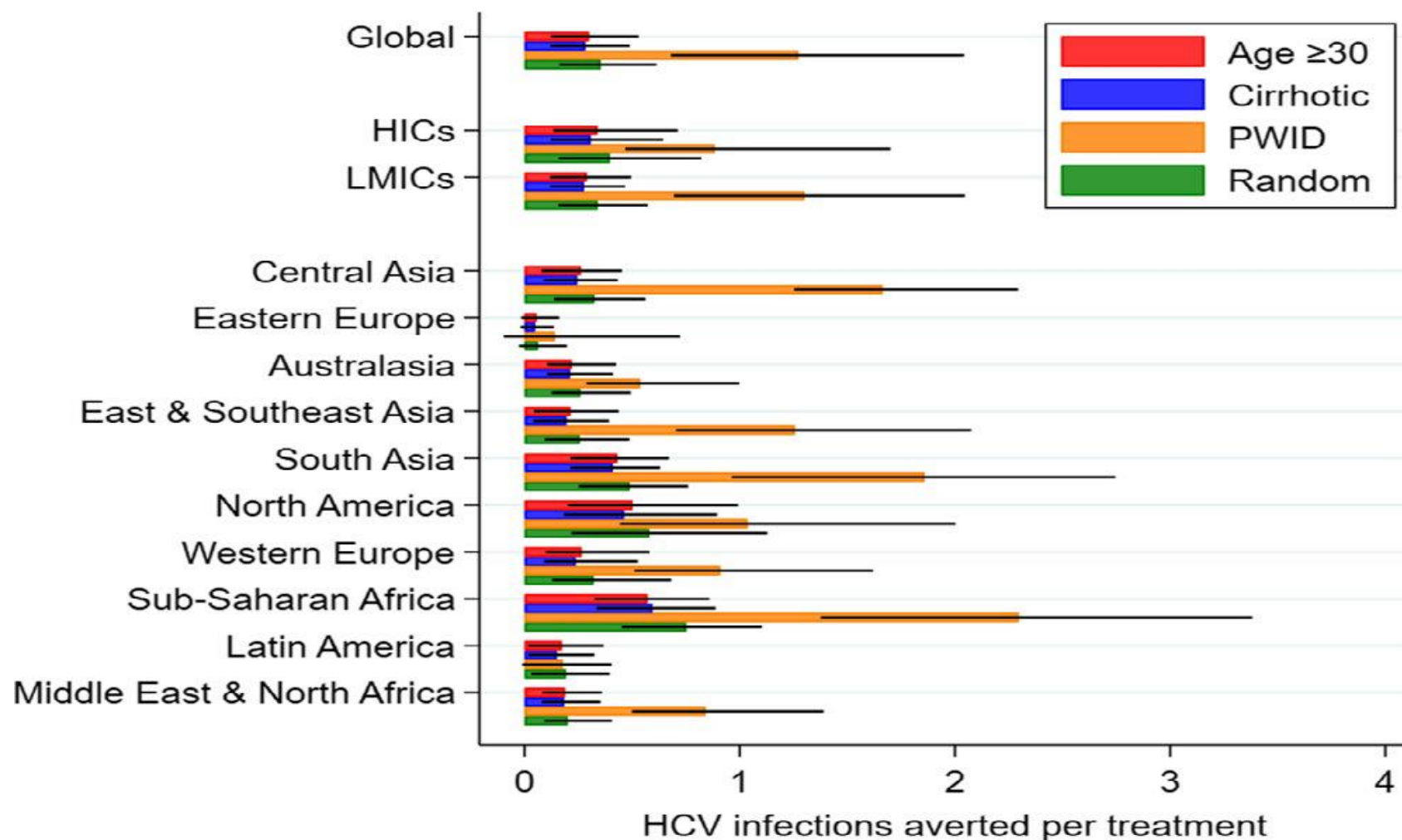
# Modeling combination HCV prevention among HIV-infected MSM in the UK



Modeling projections of the **combined effects DAAs and behavior change** interventions on HCV incidence among HIV-infected MSM in the UK

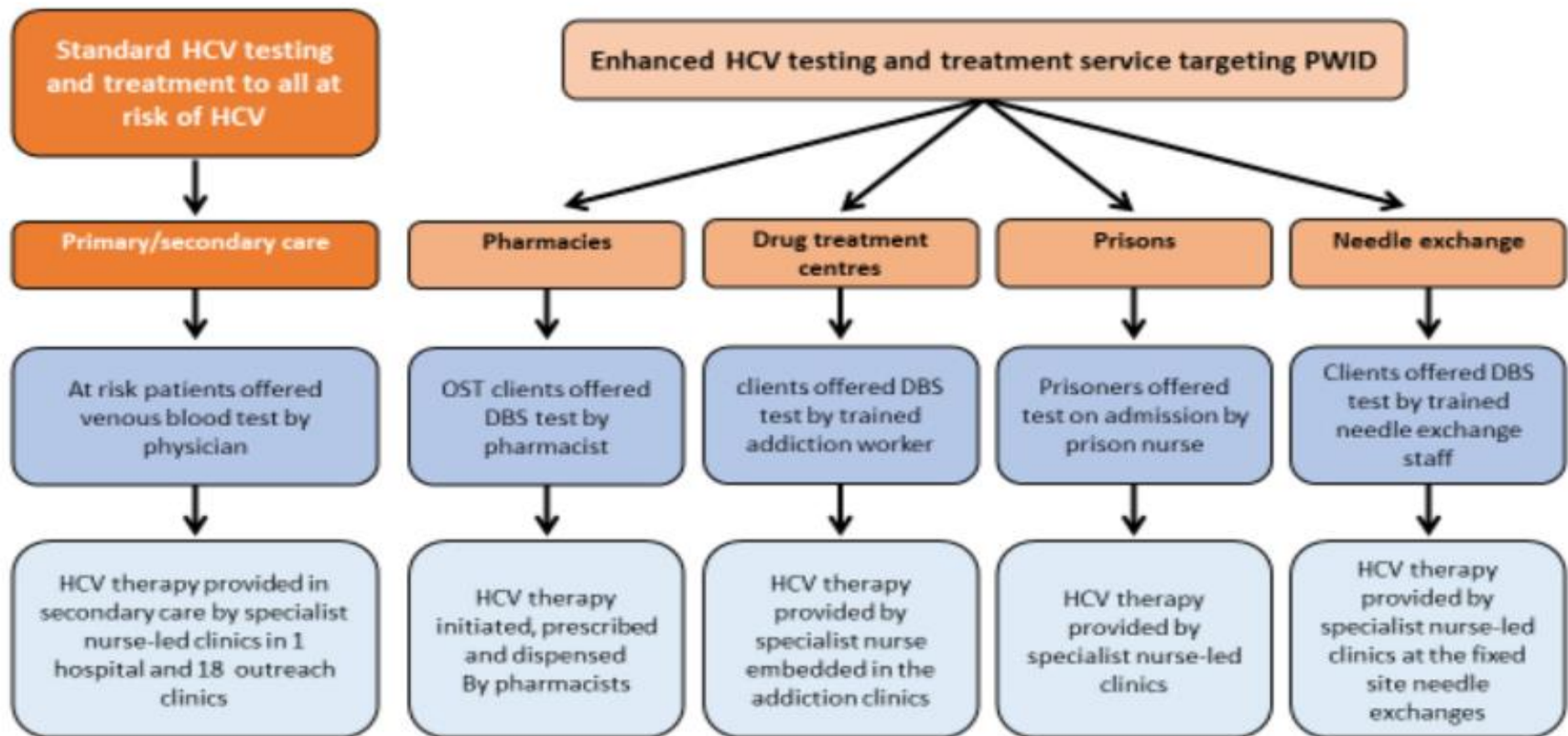
## A modeling study

# Modeling the potential prevention benefits of a **treat-all** HCV treatment strategy at global, regional and country levels



# A natural experiment

## Evaluating the population impact of TAP for PWID (EPIToPe)



Overview of HCV testing and treatment pathways for the PWID population in NHS Tayside

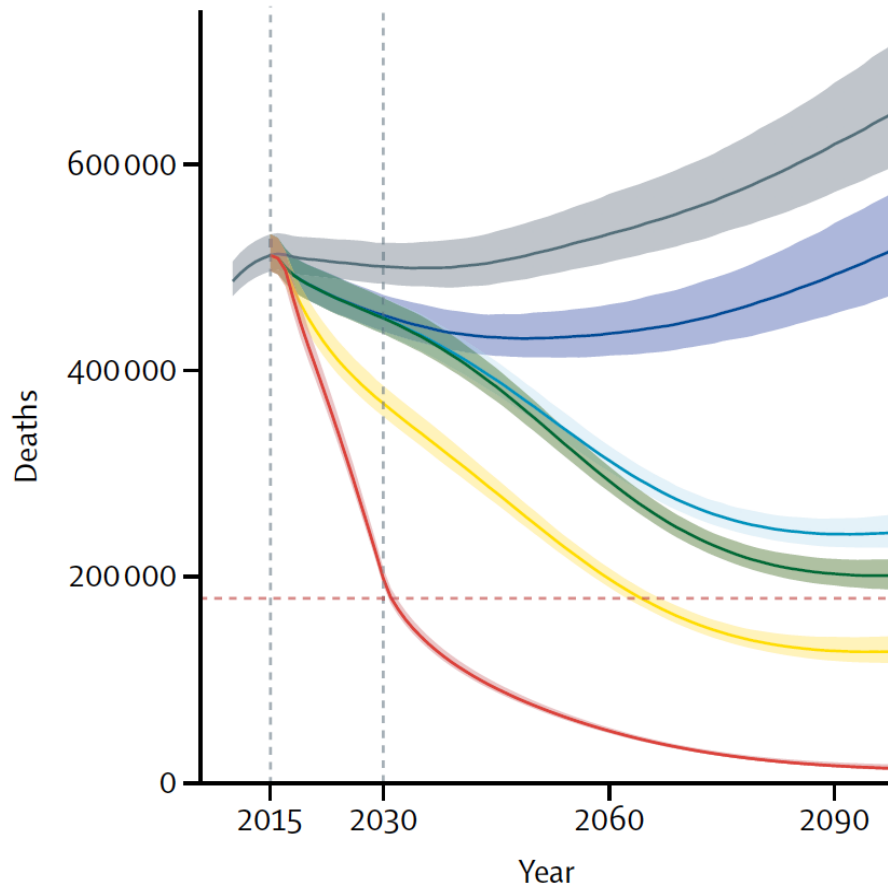
# HCV treatment as prevention (TAP)

- Are DAAs effective on the **public-health level**?

Modeling studies and real-life studies:  
**TREATMENT WORKS AS PREVENTION**

A global mathematical model  
Scaling up prevention, testing and treatment towards the elimination of hepatitis C:

## Global intervention results



No DAA - **Status quo** scenarios

**Blood safety and infection control –**  
interventions reduce mortality in long term

**PWID harm reduction**  
**DAAs at the time of diagnosis –**  
improves long-term outlook

**HCV testing / treatment scale-up**

# EASL Clinical Practice Guidelines 2020: Treatment of hepatitis C



Clinical Practice Guidelines

**JOURNAL  
OF HEPATOLOGY**

## **EASL recommendations on treatment of hepatitis C: Final update of the series<sup>☆</sup>**

European Association for the Study of the Liver<sup>\*</sup>

# EASL Clinical Practice Guidelines 2020: Treatment of hepatitis C



## Indications for treatment: who should be treated?

All treatment-naïve and treatment-experienced patients with recently acquired or chronic HCV infection should be treated without delay.

Urgent treatment must be considered in patients with significant fibrosis (METAVIR score F2 or F3) or cirrhosis (METAVIR score F4), including decompensated cirrhosis; patients with clinically significant extrahepatic manifestations (e.g. symptomatic vasculitis associated with HCV-related mixed cryoglobulinaemia, HCV immune complex-related nephropathy and non-Hodgkin B cell lymphoma); patients with HCV recurrence after liver transplantation; patients at risk of a rapid evolution of liver disease because of concurrent comorbidities (non-liver solid organ or stem cell transplant recipients, HBV and human immunodeficiency virus [HIV] coinfections, diabetes); and individuals at high risk of transmitting HCV (people who inject drugs [PWIDs], men who have sex with men with high-risk sexual practices, women of childbearing age who wish to get pregnant, patients on haemodialysis, incarcerated individuals). PWIDs and men who have sex with men with high-risk sexual practices should be made aware of the risk and routes of reinfection and transmission and should apply preventive measures after successful treatment.



# EASL Clinical Practice Guidelines 2020:

## Treatment of hepatitis C, PWID

- All PWIDs who are infected with HCV, including those receiving OST, those with a history of injecting drug use and those who recently injected drugs, should be treated according to the general recommendations **(A1)**.
- Following SVR, monitoring for HCV reinfection through bi-annual or, at least, annual HCV RNA assessment should be undertaken in PWIDs with an ongoing risk behaviour
- Retreatment should be made available if reinfection is identified during post-SVR follow-up **(A1)**.
- HCV treatment should be scaled-up in PWIDs to increase the likelihood of achieving the goals of HCV elimination in this group of patients, including treatment as prevention **(A1)**.



# EASL Clinical Practice Guidelines 2020: Treatment of hepatitis C, **prisoners**



## Recommendations

- Opt-out screening for HCV infection should be offered to all incarcerated individuals **(A1)**.
- HCV treatment should be offered to all incarcerated individuals with chronic hepatitis C, following the above general recommendations **(A1)**.
- OST should be made available to all opiate-dependent incarcerated individuals **(B1)**.
- Needle-syringe exchange programmes acceptable to incarcerated individuals and prison staff should be available in prisons **(B1)**.

# Eliminating Hepatitis C – An Action Plan



Globally, there are an estimated 71 million people actively infected with HCV, and 11-14 million of these reside in Europe

## EASL Recommends:

1

Increasing awareness amongst HCPs, patients, policy-makers, the media and the public (especially high risk groups), whilst combating the stigma and discrimination that is associated with HCV infection

2

Implementing harm reduction strategies, such as access to opioid substitution therapy, safe injecting equipment for drug users and safe sex education

3

Making DAAs available at reasonable prices, to avoid any further reimbursement restrictions and to allow governments to implement a comprehensive elimination strategy

4

Improving access to treatment and care by increasing the number of authorised prescribers, promoting telemedicine and by increasing input from AHPs during and after treatment

5

Treating every Hepatitis C patient at the earliest opportunity, especially those at high risk

6

Providing rapid testing, in all relevant settings, with priority given to high-risk persons

## Drug use and the global hepatitis C elimination goal

### A time for change - EASL call to action

In order to achieve the 2030 WHO viral hepatitis elimination goals, EASL recommends:

**that all barriers to the uptake of healthcare services by PWID be removed by changing policies and discrimination that hinder access. This includes the decriminalisation of minor, non-violent drug offences and the adoption of an approach based on public health promotion, respect for human rights and evidence.**

[www.easl.eu](http://www.easl.eu)

# Decriminalisation of drug use in the context of HCV elimination

**The decriminalisation of  
the consumption, purchase and possession of or  
personal consumption  
of plants, substances or preparations,  
not exceeding the amount for individual consumption  
during a certain period of time.**

Such decriminalisation of personal consumption  
restores the right to health and social reintegration of a drug user.

However, decriminalisation by itself brings about **only a reduction in punishment and  
not a public health response.**

# To eliminate HCV in PWID, combining activities is required

**Decriminalization  
of personal drug possession  
and consumption**



**Integrated interventions  
(HCV testing, counseling  
and treatment)**



**PWID can freely access centres of assistance  
regardless of their drug consumption**

# CONCLUSIONS

- HCV treatment with DAAs made the strategy of TAP feasible
- Modeling studies confirm that TAP works in all risk groups: PWID, MSM, prisoners, PLWH
- Real-life studies showed that TAP worked in the studied cohorts of the particular risk groups as well as outside the studies
- Other preventive and harm-reduction strategies need to accompany TAP

# Question

## Recommendations for TAP:

- For risk-groups? All?
- Include TAP in the viral hepatitis prevention guidelines – aside other preventive and harm-reduction measures?

# Medicine Nobel 2020 honors three scientists for discoveries on hepatitis C virus

